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ABSTRACT

This annotated bibliography includes a list of 362 books and pamphlets which relate to seven areas of child development and family life. These areas are marriage and the family, human development, sex education, disabilities, schools and learning, mental health education, and social problems and the family. Within these areas, entries are presented in alphabetical order and include book title, author's name, and price. An author and title index is provided at the end of the publication. (Author/MP)

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family life and child development

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a selective, annotated bibliography

cumulative through june 1979

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The Book Review Committee of the Jewish Board of Family and Children's Services, Incorporated critically reviews and evaluates each year several hundred new books relevant to the task of rearing children in the world today. Its annotated list of recent publications deemed especially valuable is periodically updated, and over the years has acquired a following among librarians and others who work with families or children, in addition to parents themselves. The books chosen for the list range from the very simplest to considerably more technical materials, reflecting awareness of the varying interests of parents and their differing needs for information about child development and family living. Also included are selected books about social issues that affect the quality of family life and the communities in which families live, although the Committee can not exhaustively review all the literature in this area. Books are chosen from among review copies requested from publishers after examination of lists of new titles. The Committee is a volunteer multi-disciplinary group representing the fields of social work, family life education, psychology, preschool, elementary and remedial education, and includes writers and consultants in mental health education.

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a publication of
The Jewish Board of Family and Children's Services

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how to use this list

The current list includes 362 books and pamphlets published over the last decade, through June, 1979. There are materials of varying degrees of difficulty, which together offer parents and those who work with them a selective view of current knowledge about child development and family life. The list is not intended to be a review of the literature for professionals. However, it does include some of the quite technical publications that came the Committee's way, which, in their opinion, provide fresh information or insights that might be valuable to some specially knowledgeable parents, as well as to the professionals to whom they are addressed. All such technical materials are marked with an asterisk (*). Similarly, the materials in the category Social Problems and the Family represent only a selection of books that came to the Committee's attention and are not meant as a definitive review for the professional reader. This category is included out of the Committee's belief that the society in which children grow up and are inevitably shaped by should be of as much concern to all parents as their own child-rearing practices.

Publications are grouped in categories, as shown in the Table of Contents. Within these categories the entries are alphabetical by title. The critical annotations are designed to further alert users of the list to each publication's contents, value and degree of technical difficulty, and thus guide the reader to materials that meet his individual needs. For example, a parent (or perhaps a nurse or teacher) concerned with some aspect of sex education will find a category on that subject, offering a broad spectrum of materials relevant to different age groups and interests, and ranging from very simple to more demanding. The current concern with working mothers and with day care is reflected in sub-categories devoted to recent publications in these areas. An author-title index is at the end of the list.

All books listed are available at your library, book store, or directly from the publisher unless identified as out of print.

I marriage and the family

MAKING RELATIONSHIPS WORK

Becoming Partners: Marriage and Its Alternatives

Carl R. Rogers. Dell, 1972, pap., $2.95. A well-known psychotherapist explores the ways in which three couples strive to make their marriages more meaningful through relating intimately with others in addition to their mates. Neither condemning nor condoning these experiments in alternative life styles, the author allows the couples to speak for themselves through tape-recorded material, and the reader to draw his own conclusions. The quest to achieve commitment, trust and personal growth is beautifully demonstrated, however controversial the means.

Equal Marriage

Jean Stapleton and Richard Bright. Abingdon, 1976, $5.95, pap., Barnes and Noble, $1.75. A discussion of how a man and a woman can share their lives as equal partners in a relationship that works for the benefit of each. Useful for those dissatisfied with traditional marriage roles and searching for a more rewarding approach to marriage.

How to Have a Happy Marriage

David Mace and Vera Mace. Abingdon, 1977, $6.95. A good book for young marrieds, assuring them that they can make a go of marriage if they really work at it. Older marrieds could undoubtedly learn something from it too, in terms of positive thinking.

How To Live With Another Person

David Viscott. Pocket Books, 1976, pap., $1.95. Although "inspirational" in approach, this brief book, especially in the second half, treats many problems in marital and family relationships that readers will identify with. The author comments on them with the professionalism of a psychiatrist and the mind and heart of a poet.

Marriage and Family Enrichment: New Perspectives and Programs

Herbert A. Otto, ed., Abingdon, 1976, pap., $6.95. A collection of articles organized to serve as a comprehensive, clearly written resource on the marriage enrichment movement. Covers various types of programs, religious and secular. Primarily for group leaders, but useful to anybody interested in this movement. No index.

The Marriage Maintenance Manual: How to Get Into It and How to Keep It Going

Clera Lyssy. Dial, 1977, $8.95. A wise book describing how similar principles apply to all interpersonal relationships, of which marriage is possibly the most intimate and demanding. Sound discussion of how behavioral change can maximize positive aspects of a marriage without the need to modify partners' underlying psychological differences.

Psychic War in Men and Women

Helen Block Lewis. New York University Press, 1976, $12.00, pap., $5.95. An intellectually stimulating, provocative work by a psychologist who is also a psychoanalyst, researcher and professor. She argues that both men and women suffer — in different ways — from growing up in an "exploitative" society. Both sexes struggle with internalized conflict between their affectionate natures and cultural values that encourage using others. Not a typically feminist book, but marshals scientific evidence to suggest the need for changing society to facilitate egalitarian, cooperative interpersonal relationships.

Staying Together

Patricia O'Brien. Random House, 1977, $8.95, pap., Pocket Books, $1.95. A description of several very different types of marriages and how the partners involved labored to keep their relationship going. The book demolishes many cliches about what makes a marriage work.

NEW LIFE STYLES

Assertive Training for Women

Susan M. Osborn and Gloria G. Harris. Charles Thomas, 1978, $10.50, pap., $7.95. A well-documented description of how women are often socialized to be too submissive and how they can be

trained to assert themselves appropriately. Addressed to mental health workers who are doing "assertiveness training," but may also interest women considering such training who want to know what it involves.

Coping: A Survival Manual for Women Alone

Martha Yates. Prentice-Hall. 1977. pap., $4.95. A helpful guide for the single, widowed or divorced woman, covering philosophic and practical issues involved in living alone. Includes such diverse topics as money management, credit, house repair, health, children, sex and work. However, advice on legal and insurance matters should be checked with a professional.

The Educated Woman: Prospects and Problems

Group for the Advancement of Psychiatry. Scribner. 1975. $7.95. A thoughtful look at the educated woman of today as she contemplates her future. Deals with the expectations of women regarding college, career, marriage, pregnancy, the first child and presents some ideas for change in women's roles, marital relationships, living patterns and social values. Carefully documented, many suggestions for further reading — no easy answers, but a worthwhile, very well written book.

The Future of Marriage

Jessie Bernard. Bantam. 1973. pap., $2.75. In a provocative philosophical book, Dr. Bernard examines what marriage does for, and to, men and women today and the multiplicity of options that she thinks will be open to both sexes in the future. It is her opinion that while "marriage" may assume a variety of new forms, ranging from communal arrangements to "temporarily permanent" unions that change as the individual's life goals change, this will not mean that all relationships will become "merely casual or transient." Her in-depth exploration of the human needs underlying the changing institution of marriage should be of interest to thoughtful parents.

The Hazards of Being Male: Surviving the Myth of Masculine Privilege

Herb Goldberg. New America Library. 1977. pap., $1.75. A simple survey, reasonable in tone, covering the ways in which men are socialized to deny their feelings, fears and dependency needs and avoid any behavior that might be labeled "feminine," and the price they pay for this physically and psychologically. Informative for women, as well as men.

In Transition

Judith M. Bardwick. Holt, Rinehart and Winston. 1979. $8.95. A sensible, circumspect reckoning of the costs as well as the benefits to women and men of the profound changes in sex roles that our society is experiencing. The book stresses the extent to which both sexes remain subject to the unconscious pull of traditional customs that they were reared to respect and the feelings of ambivalence and insecurity that this causes.

I've Done So Well — Why Do I Feel So Bad?

Celia M. Halas and Roberta Matteson. Macmillan. 1978. $10.95. By two women therapists using case histories from their own practice to illustrate the myths and paradoxes which dominate and shape women's self-concept and generate disturbing conflicts. Supportive and reinforcing of the process of women's self-actualization.

The Male Dilemma: How To Survive the Sexual Revolution

Ann Steinmann and David Fox. J. Aronson. 1974. $15.00. A thoughtful, trail-blazing book. Part I reports on a study showing the discrepancy between what men and women today actually value in a mate and what each sex thinks the other values. Part II explores the roots of this dilemma in society's changing definitions of sex roles. The challenge for females as well as males and the implications for child-rearing practices.

The Managerial Woman

Margaret Henning and Anne Jardim. Doubleday. 1977. $7.95. pap., Pocket Books. $2.50. A study of the careers of twenty-five outstanding women executives which also examines their early childhood experiences in an effort to identify the roots of the personality strengths that enabled them to succeed. Early psychosexual development is viewed within a neo-Freudian framework, which some readers may disagree with, but there are important implications here for parents, women and men in management.

New Life Options

Rosalind K. Loring and Herbert A. Otto. McGraw Hill. 1976. $11.95. A first-rate resource that brings together articles on numerous aspects of coping with work and family, including nutrition, childbirth, single parenthood, sexism on the job and being realistic about the demands of a professional career.

The Psychology of Women: A Study of Biocultural Conflicts

Judith M. Bardwick. Harper. 1971. $17.95. pap., $9.50. A landmark book in the study of the psychology of women. Utilizing all relevant research from the medical, psychological, sociological, psychoanalytical, and the new biomedical fields, the author has developed her own conclusions about the nature of female sexuality and psychological functioning. Aware of the new data about sex identity and masculine and feminine roles, she has presented her thinking freshly and clearly. Valuable to professionals and anyone interested in the subject.

Single Blessedness: Observations on the Single State in Married Society

Margaret Adams. Basic Books. 1976. $13.50. An examination of the pros and cons of choosing not to marry, which emphasizes the positive side of staying single. Includes a good, balanced view of the role of sex in relation to other aspects of personality.

Toward A New Psychology of Women

Jean B. Miller. Beacon Press. 1977. pap., $3.95. Dr. Miller emphasizes that the historic conditioning of men and women in rigidly defined sex roles has deprived both sexes of their fullest self-expression. While recognizing that change is often risky, she encourages the reader to nurture self-awareness, however painful this may be, and thus to become more fully human.

The Two-Career Couple

Francine S. Hall and Douglas T. Hall. Addison-Wesley, 1979, $10.95, pap., $5.95. A thoughtful guide, written by a couple who have been professors and consultants, about the many pressures, at home and at work, that such dual-career professional couples must deal with. The book is concerned primarily with analyzing sources of strain and enhancing problem-solving skills. Includes many checklists and other strategies for assessing problems and making decisions, but the material overall is illuminating and provocative, not gimmicky. Though the seriousness of problems, including those related to having children, is never underestimated, the authors cite many examples of couples who are making this life style work.

The Two-Career Family

Lynda L. Holmstrom. General Learning Press; 1973, $9.95; pap., $5.95. Based on a study of twenty families (the women all college teachers) in which both partners were engaged in professional careers, this book explores in depth the problems encountered and how they were dealt with, and suggests some ways in which societal attitudes and supports must be changed to enable the two-career family to succeed.

Who Will Raise The Children? New Options for Fathers (and Mothers)

James A. Levine. Lippincott, 1976, $8.95, pap., Bantam, $1.95. This book examines our society's bias against encouraging men to take on equal or sole responsibility for rearing children. The author relates the experiences of some men who have deviated from the accepted male role and availed themselves of alternative options. Final chapter covers the issue of breaking down sex stereotypes with much reference to Sweden's experience.

Woman in Sexist Society: Studies in Power and Powerlessness

Vivian Gornick and Barbara K. Moran, eds. Basic, 1971, $14.95; New Am. Lib., pap., $2.25. Despite the unevenness of this collection of writings by thirty-one women scholars and activists, this book provides a range of thought-provoking ideas about women's place in modern society.

Women, Work and Volunteering

Herta Loeser. Beacon, 1975, pap., $4.45. The complete book of volunteerism. The first half discusses the many life-styles of today and how volunteerism can be fitted into them. In detail, with examples, the author describes how the "volunteer-professional" can select commitments based upon her own strengths and interests, work in different interest areas and switch from paid to unpaid employment and back again as her life-style changes. The second half of the book offers practical information: how to prepare a resume, how to evaluate potential involvement, where to write for specific information. Bibliography.

FAMILY PLANNING: abortion, contraception, heredity, infertility

Abortion: A Woman's Guide

Planned Parenthood of New York City. Pocket Books, 1975, pap., $1.50. A sympathetic, straightforward guide for the person who finds herself with an unplanned pregnancy, and needs help in deciding what to do about it. It spells out the options available to her and provides her with sound information as to what is involved in whatever choice she makes. Abortion procedures are clearly explained, as are all the contraceptives currently available. Resources for obtaining help and information throughout the country are listed.

A Baby? ... Maybe

Elizabeth M. Whelan. Bobbs-Merrill, 1975, $10.95, pap., $6.95. A well-balanced discussion of the surface and under-the-surface reasons why people have babies or decide not to have them. The psychological and social pressures that sway people are carefully examined. The journalist-author's style is light, her thinking serious. A book for any couple who want to be sure of their own feelings and motives before making this decision.

Birth Control

Tarvez Tucker, ed., Women's Library. Tobey Publishing, 1975, pap., $2.95. Good simple text with clear illustrations covering male and female anatomy and contraceptive techniques. However, though abortion is referred to as a back-up technique, there is no discussion of its availability, psychological aspects or methods.

Choose Your Baby's Sex

David M. Rorvik and Landrum B. Shettles. Dodd, Mead, rev. 1977, $7.95. Explains Dr. Shettles' method for timing intercourse to achieve sex-selection. A less-than-profound book about a volatile issue. Despite the method's relatively high success rate, parents who try this should be prepared to handle "disappointment."

The Genetic Connection: How to Protect Your Family Against Hereditary Disease

David Hendin and Joan Marks. Morrow, 1978, $8.95. A popular, but sound book about inherited diseases and genetic counseling. State-by-state listing of counseling and treatment centers.

The Heredity Factor: Genes, Chromosomes and You

William L. Nyhan. Grosset and Dunlap, 1976, $12.95, pap., $5.95. A sound, comprehensive book for the general public about the mechanics of heredity, hereditary diseases and genetic counseling. Clearly written, though parents who are not scientifically oriented may find some of the material hard going.

Heredity in Humans

Amram Scheinfeld. Lippincott, rev. 1972, $8.95. This storehouse of information about heredity is a classic reference book, though not apt to be read from cover to cover in one sitting. The writing is non-technical, interesting and easy reading for the average layman.

The Human Pedigree

Anthony Smith. McGraw-Hill, 1976, pap., $3.95. A provocative fact-filled discussion of genetics. Some

of the author's judgments are controversial and the book is not easy going, but it is informative background reading for persons concerned about the many difficult human decisions involved in genetic counseling and the use of heroic medical measures to save seriously handicapped infants.

Infertility: A Couple's Guide to Its Causes and Treatments

Mary Harrison. Houghton-Mifflin, 1977. $7.95. A sensitive account of one couple's intensive search for a remedy to the problem of infertility. Covers contemporary knowledge about tests and treatments. Can serve as a supportive and intelligent guide for others faced with problems of infertility.

One Child by Choice

Sharryl Hawke and David Knox. Prentice-Hall, 1977, $8.95, pap., $3.95. Of interest to young people who have decided to have only one child, or are mulling over that decision. Though the book does present arguments on the other side, it clearly makes a pitch for "one."

The Student Guide to Sex On Campus

Yale Committee on Human Sexuality. New Am. Lib., 1970, pap., $1.00. In addition to offering excellent clear information on contraceptives, abortion, sterilization, venereal disease and male and female sexual anatomy, this book deals forthrightly with other questions about sexuality which young people are asking today. Some adults may object to some views expressed here, but the overall tone is unDogmatic and responsible and the young will probably find the book reassuring, whatever their standards happen to be.

Who Shall Live? Man's Control Over Birth and Death

American Friends Service Committee. See p. 19.

PREGNANCY AND BIRTH

Birth

Caterine Milinaire. Harmony, 1974, $9.95; pap., $5.95. An excellent book for first-time mothers. The information on prenatal development and the birth process, accompanied by simple diagrams and pictures, is sound and reassuring. Though the section on possible complications is very brief, there are many reminders to "check with your doctor." What makes this book special is the section devoted to practical advice, such as how to dress comfortably and inexpensively during pregnancy.

A Child Is Born

Lennart Nilsson. Delacorte/Seymour Lawrence, rev. 1977, $11.95. An exceptional book, originating in Sweden, with beautiful photographs, many in color, depicting the development of human life from the embryonic stage through the birth of the baby.

The Complete Book of Breastfeeding

Sally W. Olds and Marvin S. Eiger, M.D., Workman, rev. 1976, $8.95, pap., $3.95. A leading pediatrician and a medical writer, who nursed her own children, collaborated in writing this book which provides a wealth of information for the woman who is deciding whether to breastfeed, and how to make the most of the nursing experience.

Expectant Fathers

Sam Bittman and Sue R. Zalk. Hawthorn, 1978, $10.00. A much needed book for expectant fathers (especially young men awaiting their first child), which stresses the need to establish warm father/child bonds from the beginning and suggests pathways to this. Explores expectant fathers' feelings sensitively. Also good on maintaining a loving sexual relationship with one's partner throughout pregnancy. Though the author personally likes home delivery, this subject is not presented in a dogmatic fashion.

Giving Birth Together

Ingrid Mitchell. Seabury Press, 1975, $8.95. A licensed midwife and teacher describes in six detailed lessons the technique of preparation for natural childbirth. Designed for home use by couples who don't have access to classes, the book assumes husband participation and hospital delivery. Fully illustrated with photographs of exercises and birth. Reports from 14 mothers and fathers are realistic and inspiring. Index and Bibliography.

A Guide to Pregnancy and Parenthood for Women on their Own

Patricia Ashdown-Sharp. Random House, 1977, pap., $3.95. A clear, factual, no-nonsense guide addressed to the one million American women who become pregnant outside marriage every year, 37% of whom decide to raise a child without a husband. A long chapter is devoted to the pros and cons of abortion. The author also provides the usual needed information about pregnancy, and discusses the added complications that a single parent may face after giving birth.

Having A Baby

Kay Koschnick. New Readers Press, Box 131, Syracuse, N.Y. 13210; pap. $2.50. A very simply written and clearly illustrated book for the pregnant woman of limited education. It discusses the physical changes that occur from conception to post-birth, birth control and the emotional and financial difficulties that beset the nonmarried mother. Helpful in social service agencies and high schools.

Is My Baby All Right? A Guide to Birth Defects

Virginia Apgar, M.D., and Joan Beck. Trident, rev. 1973, $12.95; Pocket Books, pap., $1.95. The chief author of this book, Dr. Virginia Apgar, is an internationally recognized specialist in the problems of newborns. Here she describes the biology of prenatal development and heredity, including clear explanations of how birth defects are caused, how many may be prevented, and how and when to seek genetic counseling. Extremely valuable for professionals who work with expectant parents and families, and for parents who desire sound information on pre-natal development and genetics.

Methods of Childbirth : A Complete Guide to Childbirth Classes and the New Maternity Care

Constance A. Bean. Doubleday, 1974, pap., $2.50. This guide to current methods of childbirth explains the birth process and indicates how an understanding of this process can contribute to a safer and

more comfortable delivery. It includes sound information on drugs and anesthesia used in labor and delivery, what they do, and how they affect mother and child, as well as where childbirth education classes are available.

The Pregnancy After 30 Workbook

Gail S. Brewer, ed., Rodale Press, 1978, pap., $8.95. A comprehensive, up-to-date, profusely illustrated guide for a pregnant woman of any age, covering diet, childbirth education, delivery and post-partum parental needs. Women who do not plan to breast feed should not let the authors' bias on this issue trouble them.

Pregnancy, Birth and the Newborn Baby: A Publication for Parents

The Boston Children's Medical Center, Delacorte/Seymour Lawrence, 1972, $14.95. This exhaustive roundup of the latest knowledge about all aspects of the subject, written by doctors themselves, offers more information than some parents will want, but will appeal to the intellectually curious desiring broader understanding than can be gleaned from simpler manuals. Admirable writing makes the material readily comprehensible and the book hangs together as a unit, despite the number of different experts who have prepared the various chapters.

Pregnancy and Childbirth: The Complete Guide for a New Life

Tracy Hotchner, Avon, 1979, pap., $6.95. An excellent, encyclopedic resource covering all aspects of the subject, plus postpartum recovery and care of the baby in the first few weeks after birth. The author makes complex medical information easy to understand. Controversial issues are examined with commendable objectivity, leaving readers free to make their own choices.

The Pregnancy Experience: The Psychology of Expectant Parenthood

Elizabeth M. Whelan, Norton, 1978, $10.95. A reassuring book, written in a popular style, that focuses mainly on emotions during pregnancy and just after delivery. Non-judgmental approach leaves parents free to make their own decisions about such issues as how to feed the baby and what method of childbirth to choose.

Pregnancy: The Psychological Experience

Arthur D. Colman and Libby L. Colman, Seabury, 1971, $7.95; Bantam, pap., $2.25. A sensitive exploration of the experience of being pregnant, as it involves the emotions of both husband and wife, and the opportunities this familial crisis presents for psychological growth for both partners.

The Psychology of Childbirth

Alan Macfarlane, Harvard University Press, 1977, $6.95, pap., $2.95. An excellent review of the research bearing on the feelings of parents and child during delivery and immediately afterwards. Includes excerpts from tapes made in delivery room when parents first meet their infant, plus chapters on fetal development and sensory development and socialization during the baby's first two weeks. Moving and sensible.

The Tender Gift: Breast Feeding

Dana Raphael, Schocken Books, 1976, pap., $3.45. A warm and helpful book for women who want to breast feed their babies, with excellent suggestions for facilitating lactation. Includes a chapter on how adoptive mothers can also be taught to produce breast milk for their adopted babies.

Understanding Pregnancy and Childbirth

Sheldon H. Cherry, Bobbs-Merrill, 1973, $8.95. A simple, matter-of-fact exposition of pregnancy, labor, delivery, contraception, abortion and sterility problems, excellently illustrated. Includes chapters on breastfeeding and the Lamaze approach to childbirth training.

AGING

Aging in America

Bert Kruger Smith, Beacon, 1973, $8.95; pap., $4.95. A sensitive and understanding book, emphasizing the varying needs of many different kinds of aging and elderly people. It also describes the experiences of programs that have successfully restored even chronically hospitalized older persons to useful lives. Valuable for families of older persons and professionals working with the aging and their families.

Love in the Later Years

James A. Peterson and Barbara Payne, Association Press, 1975, $7.95. A practical, sensitive, soundly documented book that offers much fresh information, takes a non-judgmental view and covers even more ground than the title indicates, including finances, housing and attitudes in our society.

Sexuality and Aging

Robert L. Solnick, ed., University of Southern California Press, rev. 1978, pap., $4.50. Writers from various disciplines describe the sexual abilities and ways of meeting the needs of people over sixty. Facilitating sexuality in its broadest meaning is discussed and the value of tactile contact is repeatedly emphasized.

To the Good Long Life

Morton Puner, Universe Books, 1974, $8.95. A careful, solidly documented survey of the process of aging and of the factors that affect the mental, psychological and sexual functioning of older people. Probably most useful for the intellectual reader who is not yet old or who has aging parents.

When Your Parents Grow Old

Jane Otten and Florence Shelley, 1976, Funk and Wagnalls, $8.95, pap., New American Library, $2.25. Unusually helpful coverage of attitudes and possible solutions to situations faced by middle-aged children and their elderly parents. Financial and health problems discussed in detail. Bibliography of pamphlet material included.

*** Why Survive? Being Old in America**

Robert N. Butler, M.D. Harper, 1975, $15.00, pap., $5.95. An exhaustive, detailed survey of the problems of the aged in our society. Some of the

statistics on public welfare and Social Security income may not reflect current conditions in all states, but overall the volume is a valuable reference tool for professionals who work with older people.

You and Your Aging Parent: The Modern Family's Guide to Emotional, Physical and Financial Problems.

Barbara Silverstone and Helen K. Hyman. Pantheon, 1977, pap., $3.95. A comprehensive and compassionate guide for middleaged offspring written by a social worker and a health writer. Emotional problems of all involved are considered. Examples excellently presented. Eighty pages of valuable appendices covering agencies, illnesses and readings. Check lists for determining whether to include a parent in one's household and for evaluating nursing homes.

Your Retirement: How to Plan for It and How to Enjoy It to the Fullest

Herbert Askwith. Simon & Schuster/Cornerstone, 1976, pap., $1.95. Although some women may find the author's attitude toward women condescending at times, this simple, inexpensive handbook offers much practical help on planning for retirement. Directed primarily to middle- and upper-income couples.

DEATH AND DYING

The Bereaved Parent

Harriet S. Schiff. Crown, 1977, $7.95, pap., Penguin, $2.95. Written from personal experience to help others to face up to a devastating personal loss and to go on living and loving. The author describes how the difficult process of dealing with grief can affect one's behavior with other children and in marriage. A good chapter on religion for believers and non-believers.

Death and the Family: Completing the Mourning Process

Lily Pincus. Random, 1976, pap., $2.95. This sensitive book by an English author deals mostly with the problems of widows in relatively comfortable financial circumstances. Not specifically addressed to the impact of a parent's death on children. Very good on the need to mourn.

Death: The Final Stage of Growth

Elisabeth Kubler-Ross, ed., Prentice-Hall, 1975, pap., $2.95. A collection of essays about living and dying as a continuum. The emphasis is on how being in touch with other people helps make both states bearable, enabling an acceptance of pain and a sense that death is not really the end of life.

Discussing Death: A Guide to Death Education

Gretchen C. Mills et al., ETC Publications, 1976, $8.50; pap., $5.50. Clear, interesting book which offers parents and teachers (probably in liberal religious groups) activities, discussion suggestions, and an excellent reading list for each age group from 5-18. There is a humanity and beauty here which makes it exciting to handle this subject.

***The Dying Child: The Management of the Child or Adolescent Who is Dying**

William M. Easson, M.D. Thomas, 1977, pap., $4.75. In concise, clear and deeply thoughtful fashion, a physician examines what dying means to a child at each developmental stage, from infancy on. The child's feelings of rage, depression, etc., are fully explored. There is an excellent chapter on the reactions of the child's family. The book is essentially for hospital personnel, and probably not for most parents going through this experience, but it is so outstanding that its existence should be known to a broader audience.

Helping Your Child Understand Death

Anna W. M. Wolf. Jewish Board of Family and Children's Services, rev., 1973, pap., $2.00. This unusually thoughtful and perceptive guide, newly enlarged and updated, suggests ways of helping children at various ages to an understanding and acceptance of death.

***Home Care for the Dying Child: Professional and Family Perspectives**

Ida Marie Martinson, ed., Appleton-Century-Crofts, 1976, $9.75. An excellent collection of papers principally by parents and nurses involved in a program which allows terminally ill children to go home. Techniques of care, how to provide parents with medical and emotional support, and effects on siblings are discussed. Primarily for health personnel, but may interest some parents.

Learning to Say Good-by: When a Parent Dies

Eda LeShan. Macmillan, 1976, $6.95, pap., Avon, $2.95. A book to read with or discuss with a child that stresses the widely different ways in which children work through their grief over losing a parent. Reassuring emphasis on accepting feelings of all kinds. For use with children age eight and up.

Living With Death

Osborn Segerberg, Jr., Dutton, 1976, $7.50. An appealing text addressed to young people. Reads easily, and points out the inevitability of death, our tendency to avoid the subject and the need for grief. Also includes material on how death has been handled in other cultures in earlier times. Valuable for parents as well as their older children.

Living with an Empty Chair: A Guide through Grief

Roberta Temes, Mandala, 1977, pap., $3.95. Helpful to bereaved persons in coping with their own grief and with the problems of their children. Personal and constructive. Also for the family and friends of the bereaved.

***Loss and Grief: Psychological Management in Medical Practice**

Bernard Schoenberg, M.D., et al., eds. Columbia U., 1973, $17.50, pap., $5.00. An excellent and needed survey of the management of the dying patient, the psychological meaning to a person of loss of organs, and the handling of these individuals. Various aspects of the problem are explored in depth by a variety of specialists, such as psychiatrists, physicians and clergymen. The book should be especially useful to all involved in the health professions, but relatives or close friends of persons going through such experiences might also find it helpful.

On Death and Dying

Elisabeth Kubler-Ross, M.D. Macmillan, 1969, $7.95, pap., $1.95. A psychiatrist describes her work with terminally ill patients in some Chicago hospitals and suggests ways in which hospital personnel could better serve the dying and learn from them. Her discussion of the "stages" through which a person passes in coming to terms with death is amply illustrated with case material and has important implications for any reader, professional or layman. Her analysis of the resistance that nearly all humans have to confronting the dying and of how this resistance might be lessened is equally profound. A moving, trail-blazing book.

The Right To Die

Milton D. Heifetz, M.D. with Charles Mangel. Putnam/Berkley, 1975, paper, $1.95. An unusually easy-to-read yet profound discussion of the considerations involved in this troubling subject. By analyzing separately such component issues as the terminally ill, the damaged newborn, the suicidal, euthanasia and abortion, the author, a neurosurgeon, makes all the ambiguities explicit and shows that there are ways to draw the line humanely and with respect for life. For the general public.

The Right to Die: Decision and Decision Makers

Group for the Advancement of Psychiatry. Aronson, 1974, $7.50, pap., $4.00. A collection of provocative discussions from a GAP conference on aging, reexamining some current attitudes towards dying and the prolongation of life, often at the expense of the spirit. The authors view the act of dying as ideally "an act of life" and an opportunity to reaffirm human values. Written for professionals in health services, but may interest concerned laymen.

Should The Children Know? Encounters with Death in the Lives of Children

Marguerita Rudolph. Schocken Books, 1978, $8.95. Specifically directed to the classroom teacher dealing with the death of a student. A plea for openness and honesty, as well as respect for reticence engendered by the painfulness of this subject. Useful for parents also.

Someone You Love Is Dying: A Guide for Helping and Coping

Martin Shepard. Harmony Books, 1976, $7.95. A doctor discusses the death-denying tenor of our society, how it increases torment and guilt, how to communicate with the dying, alternatives to hospital care for the terminally ill, medication for pain and practical financial matters. Quotes from taped interviews demonstrate the readiness of many who face death to talk about it.

Talking About Death: A Dialogue Between Parent and Child with Parent's Guide

Earl A. Grollman. Beacon Press, rev. 1976, pap., $3.95. A new edition of an excellent, beautiful book on how to discuss death with children, with some reference to various religious beliefs. Includes fine bibliography and an annotated list of resources.

The Way We Die

David Dempsey. Macmillan, 1975, $9.95. Mr. Dempsey has researched the subject thoroughly. Life-support systems, transplants, euthenasia, mourning and burial are evaluated. Psychological aspects of longevity and dying from the patient's, nurses's, family's and doctor's points of view are described. A unique section on St. Christopher's Hospice for the terminally ill is included. There is a controversial section on parapsychology.

Widows and Widowhood

James A. Peterson and Michael L. Briley. Association Press, 1977, pap., $7.95. A first-rate account, well researched, of the process of "grief work" and recovery in widowhood. Extended discussion and advise on how to handle financial and other practical matters.

Who Shall Live? Man's Control Over Birth and Death

American Friends Service Committee. Hill & Wang, 1970, pap., $2.95. This superb report discusses many complex and emotional issues, such as the population explosion, abortion, the definition of death and the quality of life, with remarkable clarity and sensitivity. The stands taken are liberal, but other viewpoints are covered in the appendices. Index and excellent bibliography.

ADOPTION AND FOSTER CARE

Adopting the Older Child

Claudia L. Jewett. Harvard Common Press, 1978, $11.95. Although the subject matter of this book appears to be of limited relevance, because of the sensitivity and realistic perception of its author it may be seen that the same dynamics exist in all families, between all their members, as in the family with an adopted child. This is a helpful book with sound advice for all parents.

The Adoption Adviser

Joan McNamara. Hawthorn, 1976, pap., $3.95. A simple, thorough handbook that discusses briefly the psychological aspects of adoption, for both individuals planning to adopt and parents of adopted children. Most of the book concerns the mechanics, including legal and financial requirements. Extensive list of adoption resources and a well annotated bibliography.

Adoption and After

Louise Raymond, rev. by Colette Taube Dywasuk. Harper, 1974, $10.95. Good advice on parental feelings concerning inability to conceive and the decision to adopt. Discusses initial adjustment to adoption and continuing problems with special attention to adopting an older or handicapped child. Includes suggestions on how to contact agencies for adoption or consultation. Good bibliography.

The Adoption Triangle

Arthur Sorosky et al., Doubleday, 1978, $8.95. An interesting and solid book which examines the issue of opening sealed adoption records from the points of view of the adopted child, adoptive parents and birth parents. Many personal stories. The author's study revealed that a successful search for birth parents often strengthens the child's relationship with the adoptive parents.

Adoption — Is It for You?

Colette Taube Dywasuk. Harper, 1973. $6.95. The author, mother of three natural children and one adopted child, frankly exposes the positive aspects of adoption of the less adoptable — older and handicapped children — even by single people and across racial and cultural lines. Sets forth clearly and simply the factors to be considered in deciding whether to adopt a child under these conditions.

***Five Models of Foster Family Group Homes**

Elizabeth A. Lawder, Roberta G. Andrews, Jon R. Parsons. Child Welfare League of America, Inc., 1975, pap., $5.75. A thorough examination for professionals of the various types of relationships, responsibilities and support that foster homes and their supervisory agencies can offer each other. The variables of each model are carefully explored to show how the placement of children in foster care can be appropriate, taking into account the child's needs and those of the foster parents.

Mixed Families: Adopting Across Racial Boundaries

Joyce Ladner. Doubleday, 1978, pap., $3.95. A black social worker reports the experiences of over one hundred sets of white parents who adopted children of another race, mostly black. Reasons for the adoption are explored, as well as problems the families encountered. The book is valuable because it covers an area on which little has been written or researched. Should be especially useful to families considering transracial adoption.

DIVORCE, ONE-PARENT FAMILIES AND STEPCHILDREN

***Beyond the Best Interests of the Child**

Joseph Goldstein et al., Free Press, 1973, 170 pp., $8.95, pap., $2.95. Two well-known psychoanalysts and a noted legal authority propose a revision of the guidelines relating to the legal criteria for assigning custody and for placing children from broken homes, with the goal of assuring more permanent family life for such children.

Children of Divorce

J. Louise Despert, M.D., Doubleday, rev. 1953, pap., $2.50. In this classic, a leading child psychiatrist probes the impact of divorce on children, suggesting that the emotional situation in the home, not divorce itself, is the major influence on children's adjustment. She offers valuable suggestions on how adults in the family and outside it can help children cope with the immediate crisis and its long-range effects.

Coping: A Survival Manual for Women Alone

Martha Yates. See p. 5.

Creative Divorce: A New Opportunity for Personal Growth

Mel Krantzler, Evans, 1973, $6.95; New Am. Lib., pap., $2.25. Written by a divorce counselor, himself divorced, this book deals with the emotional impact of divorce on both adults and children, and suggests some ways in which they can utilize their feelings to develop new personal insights and coping methods.

Daddy Doesn't Live Here Anymore

Rita Turow, Doubleday/Anchor, 1978, pap., $3.50. Brief, but helpful discussions of a wide variety of concerns of children of divorced parents. A sound and sensitive overview of an increasingly common problem. For parents.

The Disposable Parent: The Case for Joint Custody

Mel Roman and William Haddad, Holt, Rinehart and Winston, 1978, $7.95. Useful information about the various types of joint-custody arrangements being tried today. Somewhat biased in favor of joint custody (and fathers), but an illuminating, compassionate book overall.

Fathers and Custody

Ira Victor and Win A. Winkler, Hawthorn, 1977, $8.95. Discussion of broad range of options available to divorced parents with regard to the custody of their children. The authors give full expression to the conflicting feelings of everyone involved.

A Guide to Pregnancy and Parenthood for Women on Their Own

Patricia Ashdown-Sharp. See p. 7.

How Does It Feel When Your Parents Get Divorced?

Terry Berger, Julian Messner, 1977, $6.64. A simple, reassuring book, illustrated with photographs, for parents or professionals to use with young school-age children in helping them come to terms with their various feelings, including guilt, about their parents' divorce.

How to Live with Other People's Children.

June Noble and William Noble, Hawthorn, 1978, $9.95. A simple, somewhat repetitive guide, but good on how being a step-parent differs from being a parent and on children's conscious and unconscious loyalty to their natural parents.

Part-Time Father

Edith Atkin and Estelle Rubin, Vanguard, 1976, $7.95; New Am. Lib., pap., $1.75. A realistic book on the problems of being a divorced father, with suggestions for meeting the changing needs of developing children constructively. Includes a discussion of the single father with custody of his children as a result of death or divorce. Helpful for stepparents as well as natural parents.

The Single Parent Experience

Carole Klein, Avon, 1978, pap., $2.25. A realistic and carefully researched appraisal of the special problems of rearing a child without a partner, whether the parent is single, divorced, widowed or homosexual.

Stepfamilies: A Guide to Working with Stepparents and Stepchildren

Emily Visher and John Visher. A serious book dealing with all the possible ramifications of stepfamily life, by a clinical psychologist and a psychiatrist who

are stepparents. Covers the feelings of the adults as well as the children, offering some fresh concepts. Heavy going at times but valuable for stepparents and those who work with them.

What Every Formerly Married Woman Should Know

Louise M. Athearn, McKay, 1973, $6.95; New Am. Lib., pap., $1.50. The focus of advice to the newly single woman is to search within herself for clarification of her feelings and values as a key to discovering the "right" thing to do in any situation, although realistic external facters are not di regarded. Even women who do not share the author's view that all females are born "nesters" may find this simple book helpful.

Where Is Daddy?: The Story of a Divorce

Beth Goff, Beacon, 1969, $5.95. This children's book, for parents to read with their child, may be a useful tool in helping young children come to terms with divorce. Pictures and a perceptive text tell of a little girl's confusion when her parents are divorcing and of their reassuring efforts to show their love for her.

TWINS

And Then There Were Two: A Handbook for Mothers and Fathers of Twins

The Twins' Mothers Club of Bergen County, N.J., Jewish Board of Family & Children's Services, rev. 1973, pap., $1.50. New parents of twins will especially welcome the practical suggestions of this helpful guide to bringing up two-at-a-time. The authors have drawn on the first-hand experiences of a number of mothers of twins.

Twins and Supertwins

Amram Scheinfeld, Penguin, 1973, pap., $2.25. "Given a happy home atmosphere and twins who are physically and mentally normal, no self-conscious methods are needed to raise them to become well-adjusted individuals." This is the reassuring theme of a fascinating marshalling of facts about twins: their conception, rearing, relationships to others and to each other. Valuable to parents and to professional workers.

CHILDREN IN HOSPITALS

Curious George Goes to the Hospital

Margaret and H. A. Rey, Houghton, 1966, $6.95, pap., $1.95. This children's book about a mischievous monkey's stay in the hospital may help parents with the job of preparing their child for hospitalization. Hospital life is realistically depicted; pain and discomfort are not skirted.

Parents and Children in the Hospital: The Family's Role in Pediatrics

Carol B. Hardgrove and Rosemary B. Dawson, Little, Brown, 1972, $9.95. An interesting study of innovative programs in hospitals which include familes of child-patients in their total hospital care. Valuable for parents and for professionals working in hospitals.

WORKING MOTHERS

Choosing Child Care: A Guide for Parents

Stevanne Auerbach and Linda Freedman, Parents and Child Care Resources (1855 Folsom St., San Francisco, California 94103), 1976. An unusually thorough and reassuring guide to help parents select the kind of substitute care that is best for their child, and use it wisely. The pamphlet is worth the trouble of tracking it down.

How to Go to Work When Your Husband Is Against It, Your Children Aren't Old Enough, and There's Nothing You Can Do Anyhow

Margaret H. Schäfter et al., Simon & Schuster, 1973, pap., $2.95. Written for women who are considering reentering the world of work, this book, based on information gathered by Catalyst, a national non-profit organization involved in developing projects to encourage educated women to reenter the job market, provides valuable guidelines, and specific informational resources.

The Mother Who Works Outside The Home

Sally Wendkos Olds, Jewish Board of Family and Children's Services, 1975, pap., $2.00. This simply-written guide covers the psychological and practical concerns of employed mothers, with special emphasis on arranging for children to be adequately cared for in the mother's absence.

The Two-Career Couple

Francine S. Hall and Douglas T. Hall. See p. 6.

The Working Mother's Complete Handbook

Gloria Norris and JoAnn Miller, Dutton, 1979, $12.95, pap., $7.95. A sound, comprehensive "how-to" book for mothers (married or single) juggling the responsibilities of paid employment and family. Covers all aspects of arranging for satisfactory substitute childcare and getting the most out of the type of care chosen, as well as organizing housework, including cooking, and succeeding on the job. Good on dealing with guilt and making family relationships work. Not designed to help mothers decide whether or not to work (if they have that option).

See section on Day Care, p. 28.

BOOKS AND TELEVISION

The Arbuthnot Anthology of Children's Literature

Rev. by Zena Sutherland, Scott, Foresman, 1976, $15.95. This standard reference is an inspiring course in children's literature and the art of presenting it to young readers. Indispensable for librarians and teachers, it will be helpful to many parents seeking to guide children to good reading.

A Bibliography of Books for Children

Bonnie D. Baron, ed., Association for Childhood Education International, rev. 1977, pap., $3.75. A cumulative, selective listing of classic and contemporary literature for children, with brief annotations to help parents and others choose books to fit a child's individual interests at various ages.

Television: How to Use It Wisely with Children

Josette Frank, Jewish Board of Family and

Children's Services, rev. 1976, pap., $1.50. A practical guide to managing the home screen, designed to help parents decide what TV is — and isn't — doing for their children and how much TV is too much.

The Uses of Enchantment: The Meaning and Importance of Fairy Tales

Bruno Bettelheim. Knopf, 1976, $12.50, pap., Random/Vintage, 3.95. A noted child psychiatrist analyzes in a determined but leisurely manner the latent content of many fairy tales to demonstrate the valuable role he believes the telling of such tales can play in the life of a child, especially the child of 4 or 5 who is wrestling with Edipal conflicts or separation problems. An absorbing, provocative book, though at times dogmatic, and controversial. The psychoanalytic interpretations offered may be disturbing to some parents.

Where Do You Draw the Line?

Victor B. Cline, ed. Brigham Young University Press, 1974, $10.95, pap., $7.95. A balanced and thought-provoking discussion of media violence, pornography and censorship. For the layman as well as the professional.

ART, MUSIC AND PLAY

Baby Learning through Baby Play: A Parent's Guide for the First Two Years

Ira J. Gordon, St. Martin's, 1970, $8.95, pap., $4.95. This short, clearly written book offers many practical ideas for playing with babies through the first two years of their life. Dr. Gordon explains in simple language why play of this kind is important to the child's intellectual development and emotional security — as well as fun. Recommended for babysitters and para-professionals who work with families as well as parents looking for suggestions about things to do with the very young, utilizing materials ordinarily at hand. Illustrated.

Child Learning Through Child Play: Learning Activities for Two- and Three-Year-Olds

Ira J. Gordon, et al., St. Martin's, 1972, $8.95, pap., $4.95. This nicely illustrated and simply written book offers an approach to developing the basic mental skills and physical co-ordination of two- and three-year-olds, through games and activities that have been proven effective by early childhood educators.

Children Discover Music and Dance

Emma D. Sheehy. Teachers College, 1968, pap., $5.50. An experienced teacher describes with unusual sensitivity how the sounds and movements of everyday living can be used as springboards to involve children in imaginative experiences with music and dance. Along with many concrete and novel suggestions for classroom and home activities, she offers helpful lists of song books and children's records. A stimulating book for parents and teachers covering the years from babyhood to about age eleven.

The Complete Book of Ch[illegible]

Ruth E. Hartley and Robe[illegible]son. Apollo, rev. 1970, pap., $4.95. In [illegible] thoughtful contribution o the understanding [illegible] children's play, the authors evaluate the activities and interests which engage children at each stage of growth. Although their classification by age of interests and skills is somewhat rigid and fails to allow for individual variation, they offer a sound general picture of growth and many valuable suggestions for age-appropriate games, hobbi[illegible] pets, music and art activities.

Growing Up With Toys: A Guide For Parents

Irene Clepper, Augsburg, 1974, pap., $3.50. Answers to the questions why do children need toys and how can parents buy toys wisely are provided in this book, with special attention to safety and appropriate toys for specific age groups. There is excellent advice on how to use household items and discards such as boxes, bags and ribbons to provide hours of fun and creativity.

1001 Ways To Have Fun With Children

Jean Scargoll, Scribner, 1973, pap., $3.95. Quiet activities for a child alone or with others, in the house or the car. Ideas and materials needed are presented with imagination and a nice sense of humor.

Thinking Is Child's Play

Evelyn Sharp, Avon, 1970, pap., $1.75. Enjoyable games a parent can play with a preschool child using readily available materials. While not designed to give premature training in mathematics, the games may lay a foundation for a later understanding of mathematical concepts. The book includes a simple explanation of Piaget's theories on which the games are based. May be useful to nursery school teachers as well as parents.

What to Do When "There's Nothing to Do"

Staff of the Boston Children's Medical Center and Elizabeth M. Gregg. Delacorte, 1968, $5.95, Dell, pap., $1.50. For parents, nurses, teachers, or anyone in charge of children for short or long periods, here are practical and creative suggestions for activities, games, things to make and to do with children of various ages. Most of the materials involved are likely to be available in any home or can be purchased inexpensively. The activities, based on sound child development principles, may well stimulate parents as well as children to creative ideas of their own.

The World Book of Children's Games

Arnold Arnold, Crowell, 1972, $9.95, Fawcett, pap., $1.75. A good reference book for parents interested in knowing about appropriate activities for different ages. Nice illustrations.

ETHICS

Moral Development: A Guide to Piaget and Kohlberg.

Ronald Duska and Mariellen Whelan, Paulist Press, 1976, pap., $4.50. Interesting, nicely simplified discussion of difficult theoretical material about the stages in moral development from early childhood to adolescence. From a Catholic press, but not religious in a sectarian sense. A well-built book, valuable for parents and teachers.

Today's Children and Yesterday's Heritage: A Philosophy of Creative Religious Development

Sophia L. Fahs. Beacon, 1952. $3.50 (out of print). In an appealing and useful book about children and their religious development, the author presents the philosophy of religious teaching she has developed over many years. Non-sectarian in approach, the book stresses the role of parents and teachers in helping children develop their own beliefs about themselves and the nature of the universe. This one is worth tracking down.

MONEY

Children and Money: A Guide for Puzzled Parents

Grace Weinstein. McKay, 1975. $7.95. Schocken, pap., $2.50. Deals with the problems involved in helping youngsters develop healthy and workable attitudes toward money management. A well-written, sensible book that explores all aspects of this question.

The Family in Today's Money World

Frances L. Feldman. Family Service Association, rev. 1976, pap., $7.00. Very valuable basic information, intended for counselors but equally useful for families. Offers psychological insights about money, as well as practical help.

BABY SITTERS

The Franklin Watts Concise Guide to Baby-Sitting

Rubie Saunders. Watts, 1972. $4.90. This is a sound and helpful handbook to prepare young people for the task of babysitting. It also includes some guidelines on setting up a summer play group.

When Teenagers Take Care of Children: A Guide for Baby Sitters

Ivor Kraft. U.S. Govt. Printing Office, pamph., 35¢. This short pamphlet is designed to introduce inexperienced baby sitters to the basic responsibilities of their job and help them understand some reasons why young children misbehave.

SAFETY AND FIRST AID

Belts On, Buttons Down: What Every Mother Should Know about Car Safety

Edward D. Fales, Jr., and Staff of the Boston Children's Medical Center. Seymour Lawrence/Delacorte, 1971. $6.95. A really dandy book which not only lives up to the promise of its title but also offers insights into children's behavior and how to keep youngsters of all ages happier and less disruptive — passengers. An appendix describes games and activities for traveling.

Checklist for Emergencies

Peter Arnold. Doubleday, 1974, pap., $1.95. The emergencies covered include out-of-the-ordinary ones such as legal, financial and criminal, as well as medical. A sensible, well-indexed, easy-to-handle book for parents and those working with them.

Childhood Injury: A Common Sense Approach

Jack G. Shiller. Stein and Day, 1978. $8.95. A factual guide covering common physical injuries and treatments today. Excellent illustrations help explain matters a doctor often doesn't have time to discuss. Nothing is minimized, but emotions are not discussed.

The Crime Victim's Book

Morton Bard and Dawn Sangrey. See p. 30.

Home and Family Medical Emergencies

Seth F. Abramson and Dodi Schultz. Dell, 1973, pap., $2.25. So clearly written and well illustrated that any child who can read could follow the directions in it if necessary. It is specific and inclusive, covering ordinary emergencies and atypical accidents at all ages and health levels. A first-rate home reference, best read before it is needed.

How to Protect Your Child Against Crime

Peter Arnold. Association Press, 1977, pap., $5.95. A thorough round-up for parents of information about ways of behaving in public places and preventive techniques that should minimize the likelihood of a child's becoming the victim of crime.

HEALTH

Child Health Encyclopedia

The Boston Children's Medical Center and Richard I. Feinbloom, M.D. Delacorte, 1975. $15.00. Dell, pap., $7.95. General articles on health care, safety and emergency treatment are followed by alphabetical entries giving detailed information on specific childhood diseases and conditions. For medically sophisticated parents.

Childhood Illness: A Common Sense Approach

Jack Shiller, M.D. Stein & Day, 1972, $7.95; 1974, pap., $2.45. This is a much-needed reference book for parents, listing the various illnesses children are subject to, indicating their symptoms and suggesting how to deal with them, including when to call a physician. Contains a useful appendix of over-the-counter medicines which can be used instead of costly prescribed medications.

***Chronic Illness in Children: Its Impact on Child and Family**

Georgia Travis. Stanford University Press, 1976, $19.50. A psychologically oriented guide written for social workers but also useful for some parents. The first third of the book describes general problems of handicapped youngsters and covers prenatal considerations. The remainder of the book discusses medical data and practical solutions for thirteen types of illness. The special needs of adolescents are taken into account.

***The Chronically Ill Child and His Family**

Matthew Debuskey, M.D., and Robert H. Dombro, M.D., eds. Thomas, 1970. $11.50. This collection of papers by various specialists covers a variety of severe childhood illnesses, such as leukemia and cystic fibrosis, describing their effects on the child and his family, and conveying a rather rare sensitivity and caring spirit. It is probably most useful for hospital personnel, but might be of value to parents who have friends coping with the problem of a chronically ill child.

The Complete Guide to Preparing Baby Foods at Home

Sue Castle. Doubleday, 1973. $6.95. A comprehensive, practical guide to feeding a baby home-cooked meals, including sound information about planning, shopping, storing and preparing wholesome, nutritious food.

Coping With Prolonged Health Impairment in Your Child

Audrey T. McCollum. See p. 24.

Fat Free: Common Sense for Young Weight Worriers

Sara Gilbert. Macmillan. 1975. $5.95, pap., $1.95. Directed to the teen-ager, this low-key book on diet education is concise, practical and broadly informative. Self-evaluation, dietary requirements, a calorie chart and techniques of food preparation geared to adolescent eating tastes are included. A bibliography and a list of organizations from which to seek related help are included.

Good Housekeeping's Woman's Medical Guide

David Rorvik. Hearst Books. 1974. $8.95; Avon, pap., $1.95. A sound, inclusive medical guide for women that takes a common-sense approach to controversial issues.

It's Your Body: A Woman's Guide to Gynecology

Lauersen Niels and Stephen Whitney. Grosset and Dunlap. 1977. $14.95. A reference explaining the often mysterious field of gynecology to women so that they may better understand their bodies and their sexuality. Explanations cover anatomy, gynecological examinations and problems, sex, and abortion. Obstetrics not included.

Ladies' Home Journal Family Medical Guide

Alan E. Nourse, M.D. Harper, 1973. $25.00. A comprehensive, well-illustrated source of information about how the healthy human body and mind work and about the illnesses to which we are subject, plus an extensive discussion of emergencies and first-aid measures. The material is arranged by parts of the body, not alphabetically, but there is a detailed index for ready reference. Clearly written but not always easy reading. For parents who want a complete home medical reference.

Making Your Own Baby Food

Mary D. Turner and James Turner. Workman, rev. 1977. $6.95, pap., $2.95. Practical help, including recipes and general guidelines, for parents desiring to prepare their own baby food. Readers should bear in mind that the authors' position on breast feeding is just one point of view.

Taking Care of Your Child: A Parent's Guide to Medical Care

Robert Pantell et al., Addison-Wesley, 1977. $10.95. A first-rate guide with an overview of normal development and health needs from conception through adolescence. Psychological factors are considered. The coverage of emergency matters and "home treatment" is good.

2 human development

GENERAL GUIDES AND REVIEWS

Between Parent and Child: New Solutions to Old Problems

Haim G. Ginott. Macmillan, 1965, $6.95; Avon, pap., $2.25. Dr. Ginott invites parents to communicate with their children more effectively in a book that examines the feelings that lie behind what children say and do. He presents an approach to conversation with children that springs from basic respect for them. However, the book may lend itself to superficial and somewhat manipulative use by some readers.

Black Child Care

James P. Comer, M.D. and Alvin F. Poussaint, M.D. Simon & Schuster, 1975, $10.95; Pocket Books, pap., $1.95. An excellent guide that discusses all stages of child development in general terms and, where pertinent, brings out aspects of special concern to black families. The authors make it clear that black families manifest the same range of differences in economic, social and educational factors found in other groups. Although addressed to black parents, the book has value for parents of any race and should interest teachers of black children and students of the black experience.

Caring

Willard Gaylin. Knopf, 1976. $7.95. Dr. Gaylin, a psychoanalyst, cites evidence to prove that human beings are biologically programmed to be caring and suggests ways in which parents can maximize this trait in their children. The author is a gifted writer and his book is often moving and inspiring, though not simple reading.

The Child As a Work of Art

Bennett Olshaker, M.D. Reader's Digest Press, 1975, $7.95. A pediatric psychiatrist emphasizes the time and love that are required of people who choose to be parents. Areas such as independence, discipline and anger are compassionately discussed with illustrations from the author's practice and experience as a parent. Brief chapters on handicapped children, foster parents and problem children are included.

Childhood and Adolescence: A Psychology of the Growing Person

L. Joseph Stone and Joseph Church. Random, rev. 1979, $14.95. The fourth edition of this outstanding text on child development, emphasizing the dynamic process of growth toward maturity, incorporates the most recent research in the field of developmental psychology, and the social and cultural changes taking place in our society.

Childhood and Society

Erik H. Erikson. Norton, rev. 1964, $10.00; pap., $3.45. This revision of the author's brilliant study of how man develops a sense of his own identity in the social framework is somewhat broader in scope and less technical in terminology than the original work. It remains a landmark book, enriched by the author's extensive background in psychiatry and anthropology.

A Child's Journey: Forces that Shape the Lives of Our Young

Julius Segal and Herbert Yahraes. McGraw-Hill, 1978, $10.95, pap., $3.95. An outstanding book about child development that thoroughly examines the research on human development. It is written in a clear, concise, objective (but moving) style and presents what is known, what is unknown and what seems to be indicated. Subject matter is organized (successfully) by topic, rather than in the traditional age-level way.

Daughters: From Infancy to Independence

Stella Chess and Jane Whitbread. Doubleday, 1978, $7.95. A developmentally oriented guide for parents about bringing up daughters in a world where roles are no longer rigidly prescribed by society. Covers growth stages from infancy to maturity. Much of the advice applies to both sexes.

Effective Parenting

Joan Beck. Simon and Schuster, 1976, $8.95. Uneven and often glib, but contains some practical information not found in other guides. Helpful with confronting developmental questions.

The Emerging Personality: Infancy Through Adolescence

George E. Gardner, M.D., and others. Seymour Lawrence/Delacorte, 1970, $7.95. Based on tapes of a four-month seminar. An excellent book for parents. The authors delineate the development of personality through various developmental tasks from infancy through adolescence. Also useful for teachers and others who work with children and families.

Father Power

Henry Biller, Ph.D. and Dennis Meredith. Anchor, 1975, pap., $3.50. Two enthusiastic fathers, one a psychologist and the other a writer, add their ideas and experiences to the growing trend toward breaking down the stereotype of father as bread-winner only. Covers how fathers can help their children feel secure and competent and can effectively take part in discipline, sex education and moral guidance and help with school work. A thought-provoking book for a new breed of fathers.

Growing With Children

Joseph and Laurie Braga. Prentice-Hall, 1974, $8.95, pap., $2.95. A superlative collection of readings by leading authorities on how to nurture a child's self-concept by encouraging individuation and by enlarging the awareness of reality in both parents and children. A serious book for parents in search of such guidance.

How to Be a Good Father

James Breig. Liguori Publications, 1976, pap., $1.06. A brief, amusing primer for fathers describing their changing role as their children grow and the continuing need for them to be warm, involved and emotionally open. From a Catholic press, but suitable for any father — or mother.

Influences on Human Development

Urie Bronfenbrenner, ed., Holt, Rinehart and Winston, rev. 1975, pap., $9.95. A carefully edited collection of studies and interpretive essays on human growth, with suggestions for implementation by specific social policies. While intended as a college text for psychology students, it would be of interest to parents eager for original source material. Includes some classic studies as well as more recent reports. Good overview of the I.Q. controversy.

Inside Intuition

Flora Davis. New American Library, 1973, pap., $1.95. This popularly written overview offers an uncritical, through fascinating and comprehensive introduction to the research, discoveries and conjecture in the new fields of non-verbal communication. Includes chapters on "body language," facial expression, touch, smell and non-verbal exchanges between parent and child, among others. For the professional and interested parents.

Insights: A Selection of Creative Literature About Children

Selected and edited by Child Study Assoc. of America with Anna W. M. Wolf. Aronson, 1973, $15.00. This sampling of some of the finest creative literature about the pains and pleasures of growing up was originally published under the title, **A Reader for Parents.** It lives up to the editor's observation that the artist often "reveals in a flash that carries a special kind of beauty, what the theorist expounds and analyzes at length." Succinct editorial comments enhance the meaningfulness of these selections for parents and others who work with children.

Issues in Child Psychology

Dorothy Rogers, ed., Brooks-Cole, rev., 1977, pap., $8.95. A provocative collection of readings

about some of the most controversial issues in the field, such as constancy of I.Q. and personality, maternal deprivation, discipline. Extremely well edited. Designed for students, but of value to parents and others interested in the subject.

The Joys and Sorrows of Parenthood

Group for the Advancement of Psychiatry, Committee on Public Education. Scribner, 1973, pap., $2.95. This book is concerned with what it is to be a parent, what expectations parents have for themselves. In clear and simple language, it explores the major issues confronting parents — values, discipline, changing customs, and the problems arising from conflicts between children's needs, parents' needs, and societal requirements. The special concerns of adoptive parents, stepparents, and single parents are also considered. For parents and those working with families.

Liberated Parents/Liberated Children

Adele Faber and Elaine Mazlish, Avon, 1974, pap., $1.95. Two mothers, former students of Haim Ginnott, describe how his teachings have been integrated into their families' lives, and how they feel about their successes and failures. The inclusion of situations that took months to resolve should be especially helpful to parents.

***Mental Health: From Infancy Through Adolescence**

Joint Commission on Mental Health of Children, Harper & Row, 1973, $15.00. This volume, one of a number prepared by the Joint Commission on Mental Health of Children, reviews the mental health aspects of human growth and development from conception to young adulthood, and the ways in which our society has implemented, or failed to implement our children's potential. Utilizing all available research, the writers of each section have produced carefully balanced and readable papers, which should prove valuable to all workers in the field of mental health.

The Myth of the Happy Child

Carole Klein, Harper & Row, 1975, $8.95. Exploring the world of childhood feelings, this book is reassuring to parents who feel that their children's depressed or angry emotions are evidences of their own failure as parents. Does much to help parents help their children to accept such feelings as necessary to growth.

Oneness and Separateness

Louise Kaplan, Simon and Schuster, 1978, $9.95. A poetically written book about the development of attachment and of independence, or a separate sense of self, during the early years. Illuminates the stages in the process and the difficulties we all have throughout life with reconciling these basic, sometimes conflicting psychological needs. Based on Margaret Mahler's research.

The Open Family Series

Sarah B. Stein, Walker and Co., 1974, $5.95 each. Each of these books — **About Handicaps, About Dying, A Hospital Story, Making Babies and That New Baby** — contains a story to read with children (or let them read themselves), plus excellent material for parents on the subject. An outstanding series designed to help parents help their children talk about and come to terms with the challenging issues involved.

Ourselves and Our Children

The Boston Women's Health Book Collective, Random House, 1978, $12.95, pap., $6.95. An uneven but worthwhile book that stresses the feelings that parents experience at various stages of their lives with their children. Based on interviews with two hundred fathers and mothers. The advice offered is limited, but parents' comments "ring true."

***Paternal Deprivation**

Henry B. Biller, Lexington Books, 1974, pap., $8.95. An exhaustive discussion of how the absence of effective fathering influences the personality development of children and affects the mother-child relationship. Well documented — a text for professionals and students.

***The Psychology of The Child**

Jean Piaget and Barbel Inhelder, Basic Books, 1969, pap., $3.95. A definitive summary of Piaget's work on child psychology, covering the main points of his theory clearly, and offering illustrative material indicating the specific experiments on which Piaget has based his thinking. An excellent, compact review, well organized and indexed, though not easy reading, and not designed to provide answers to practical questions regarding child guidance and education.

The Psychology of Consciousness

Robert E. Ornstein, Harcourt-Brace, rev. 1977, pap., $6.50, Penguin, 1975 ed., pap., $1.95. A well-presented description, for the layman, of two modes of perceiving — the logical/analytical and the intuitive, or what some readers might term paranormal. The author thinks we should strive to integrate these modes of consciousness. Controversial at times, but illuminating.

Redbook's the Young Mothers

Barbara Belford, ed., Warner Books, 1977, pap., $1.95. A well written collection of personal stories by young mothers about their problems in coping with the sometimes overwhelming demands of a family — and their individual resolutions. Deals with special problems such as handicaps, interracial marriage, budgets and fathers as "house-persons." Helpful to parents in conflict, as who is not at one time or another?

Sex Differences

Michael Teitelbaum, ed., Doubleday, 1976, pap., $2.95. An excellent review of biological, sociological, anthropological and historical insights into sex differences — innate and learned. Five authors approach the subject from their separate disciplines, with an introduction and summing up by the editor. Some material on primate behavior.

Sinister People: The Looking-Glass World of the Left-Hander

Jack Fincher, Putnam, 1977, $7.95. A jauntily written but serious review of what is known and not

known about the origin and consequences of being left-handed. Different kinds of brain organizations, or "wiring plans," of left-handers are clearly explained. Should add to parents' and teachers' understanding of left-handed children.

***Temperament and Development**

Alexander Thomas and Stella Chess, Brunner-Mazel, 1977, $13.50. This latest report by the authors on their twenty-year-old longitudinal study of the effect of inborn temperamental traits on a child's development confirms the persistence of such traits and the complexity of their interaction with environmental factors. Though written for professionals, there are important implications for parents.

What to Tell Your Child

Helene S. Arnstein, Condor Publishing, rev. 1978, pap., $2.25. A warm, simply written guide for parents about hot to help children cope with everyday stresses such as fears, illness and sibling rivalry and crises such as divorce and a death in the family. Index and suggestions for further reading.

What We Really Know About Childrearing: Science in Support of Effective Parenting.

Seymour Fisher and Rhoda L. Fisher, Basic Books, 1976, $12.50. Excellent clarification of the interrelationships between the individual family and society, and their influences on the process of childrearing. The magnitude of detail makes it heavy going for many parents.

Your Child From One to Twelve

Foreword by Lee Salk. New Am. Lib., 1970, pap., $1.50. Brought together here are the contents of several classic pamphlets on child care issued by the government. The result is not as much a "how-to" guide for parents as Spock's, but the book encourages sound, warm, relaxed attitudes. The discussion of boy-girl roles may seem dated to some readers. An appendix on diseases, emergencies, and other physical and emotional problems of children that may concern parents is especially valuable.

INFANCY AND EARLY CHILDHOOD

Baby and Child Care

Benjamin Spock, M.D. Pocket Books, rev. 1976, pap., $1.95. This comprehensive handbook on baby and child care, by a pediatrician renowned for his understanding of the physical and emotional needs of babies and their families, is a classic.

Baby to Parent, Parent to Baby: A Guide to Loving and Learning in a Child's First Year

Ira J. Gordon, St. Martin's Press, 1978, $8.95, pap., $4.95. A simple, clearly written book that tells parents what to expect of their baby and how to adapt their responses to the baby's individual needs and temperament. Ways to foster communication are emphasized, as is parents' right to adequate time "for themselves."

***Children's Minds**

Margaret Donaldson, Norton, 1978, $10.95. An impressive examination, by a developmental psychologist, of how young children learn to think and solve problems. The author acknowledges a debt to Piaget, but rejects some features of his theory of intellectual growth. She describes her own research and that of others showing that children perform more maturely — their thinking loses its "egocentric" quality — when problems and tasks are presented to them in "human" terms that they can relate to their experience. For teachers and other professionals, but may interest some parents.

A Child's Eye View: Piaget for Young Parents and Teachers

Mary Sime, Harper, 1974, $10.00. An excellent simplification for parents and paraprofessionals of Piaget's theories and findings on the conceptual and perceptual development of children. Well-chosen photographs illustrate and clarify the experiments.

A Child's Mind: How Children Learn During the Critical Years from Birth to Age Five

Muriel Beadle, Aronson, rev. 1975, $12.50; Doubleday, 1971, pap., $3.50. A good up-to-date overview of the factors involved in learning — the physiological, the psychological and the sociological. The author has done a skillful job of simplifying quite technical information about the cognitive and perceptual development of children. She offers a balanced view of how inherited potential can be modified and of the "critical periods" in physical, emotional and intellectual development. The book may interest professionals who work with familes or children, as well as parents. Index and extensive bibliography covering periodicals and books.

***Early Experience: Myth and Evidence**

Ann M. Clarke and A.D. Clarke, eds., Free Press, 1977, $13.95. A carefully edited collection of papers presenting research findings that indicate children can recover from the effects of severe early deprivation if given high-caliber nurturant care and remedial educational experiences later on. An innovative, provocative book for professionals.

The First Five Years: A Relaxed Approach to Child Care

Virginia E. Pomeranz, M.D., and Dodi Schultz, Doubleday, 1973, $6.95. Written by an experienced pediatrician, this is a sensible, lively, and well-balanced approach to the practical concerns of parents of one- to five-year-olds. Should be helpful and reassuring to new parents.

***The First Relationship: Infant and Mother**

Daniel Stern, Harvard University Press, 1977, $7.95, pap., $3.95. The character of the daily social interaction between the parent and the infant is seen as an important factor in determining the child's later attitudes towards himself and his world, and in conditioning modes of behavior in childhood. Illuminating and painstakingly researched. For professionals.

***Infancy: Its Place in Human Development**

Jerome Kagan et al., Harvard University Press, 1978, $17.50. An important study of the effects of quality day care on infants' physical, psychological, cognitive and social development over the first three years of life. No significant differences were found

between the infants in day care and a control group of home-reared children. Study findings are introduced by a stimulating discussion of theories of child development and child rearing in various cultures and various historical times and a survey of recent research into infant functioning. Technical. For professionals.

Infant Care

U.S. Department of Health, Education and Welfare with A. Frederick North, M.D. U.S. Department of Health, Education and Welfare, rev. 1973, pap., $1.00. A classic (updated periodically) that covers very simply and clearly the everyday physical care of babies, their emotional needs and the common worries of parents during the child's first year of life.

The Infant Experience

Ira J. Gordon. Charles E. Merrill, 1975 pap., $6.50. The strengths of this book are its lack of dogmatism, its acceptance of parents as primary teachers of their babies, and its definition of the professional role as enabling parents to enhance their parenting skills. The content is directed to professionals, but the simple, clear explanations of the complexities of child development in the early years make it useful for parents also.

Infants and Mothers: Individual Differences in Development

T. Berry Brazelton. Seymour Lawrence/Delacorte, 1969, $12.95, Dell, pap., $6.95. Many beautiful photographs illustrate this clear, detailed discussion, by a pediatrician, of child development during the first year of life. Personality differences in babies and in parents and the effects of such differences on the child's behavior and family interaction are sensitively explored. Methods of child-rearing are discussed in ways that provide specific help with caretaking and suggest principles that are applicable throughout the childhood years. Excellent for parents and professionals who work with them.

***Insights from The Blind: Developmental Studies of Blind Children**

Selma Fraiberg. See p. 25.

Knowing and Enjoying Your Baby

Alan Sroufe. Prentice-Hall, 1978, $9.95, pap., $3.95. An excellent book for parents and others who work with children about a baby's mental and emotional development in the first two and a half years of life. Complex research findings on the child's affective responses are clearly and entertainingly presented.

The Magic Years: Understanding and Handling the Problems of Early Childhood

Selma Fraiberg. Scribner, 1968, pap., $2.95. This exceptionally well-written description by a psychotherapist of a child's first six years is singularly free of the tendency to see neuroses everywhere. Full of healthy youngsters and decent, likable parents, the book offers a lively intelligent approach to such questions as sibling rivalry, toilet training, and discipline. There are fine views of the infant's emerging "self," the development of masculinity and femininity, and the growth of conscience.

The Malnourished Mind

Elie Shneour. Doubleday, 1974, $6.95; pap., $2.95. An interesting discussion of how prenatal or even pre-prenatal nutrition affects brain development into the third generation. Of varying quality, but calls attention to our ignorance of nutritional priorities.

***Maternal Deprivation Reassessed**

Michael Rutter. Penguin, 1972, pap., $2.95. A review and critique of most of the relevant studies on the effect of maternal deprivation, covering the differing effects of failure to form bonds, deprivation of stimulation, and deprivation of responsive "mothering." A thoughtful reappraisal which should be read by all those working with families.

***Maternal-Infant Bonding: The Impact of Early Separation or Loss on Family Development**

Marshall Klaus and John Kennell. Mosby, 1976, $10.95, pap., $7.50. Excellent account for professionals of the effect on parents of initial contact with neonates. Extensive, compassionate recommendations for the care of parents of normal, premature and defective babies. A brief but profound section is included for parents of infants who die. Interesting case material and comments by other pediatricians, including Brazelton and Solnit. Well illustrated.

Mothering

Rudolph Schaffer. Harvard University Press, 1977, $6.95, pap., $2.95. Less a "how-to" book than a survey of the research into infant development and mothering. Covers cognitive, social and psychological growth in the first few years. The authors view the "fit" between the child's readiness for stimulation and the caretaker's provision of same as crucial.

The Mother's Almanac

Marguerite Kelly and Elia Parsons. Doubleday, 1975, pap., $4.95. Generous in both spirit and content, this book is the equivalent of a new mother meeting two "old hands" on a park bench and learning from their combined common sense, experiences, humor and tenderness.

A New Baby! A New Life!

Erma Brenner. McGraw-Hill, 1973, $5.72. This very simply written book describes how a baby behaves and why, and the rewards and difficulties of parenting an under-one-year-old person. Beautifully illustrated.

No More Diapers!

Joae Graham Brooks and staff of the Boston Children's Medical Center. Delacorte/Seymour Lawrence, rev., 1977, pap., $3.95. A story to read with toddlers to help motivate them to become toilet trained, with good introductory material for parents on the subject. Appealingly illustrated.

The Parenting Advisor.

Princeton Center for Infancy (Frank Caplan, ed.), Doubleday, 1977, $12.95, pap., $5.95. Overall, an

excellent reference book for parents of young children, covering physical growth and care and mental and social development during the first three years. The chapter on play recommends more elaborate equipment than many parents can afford, ignoring the value of do-it-yourself play materials.

The Perceptual World of the Child.

T.G. Bower, Harvard University Press, 1977, $6.95. A fascinating description of how newborns and babies perceive the world and how their various senses develop. Complex material is explained clearly and with humor and charm.

Piaget's Theory of Intellectual Development: An Introduction

Herbert Ginsburg and Sylvia Opper, eds., Prentice-Hall, rev. 1979, $10.95, pap., $6.95. One of the simplest, most comprehensible, yet accurate introductions to Piaget that is available, this book includes a biography of the noted Swiss psychologist, a review of his work and a clear well-organized exposition of his theories, amply illustrated with examples. Useful for students, the interested layman and professionals looking for a simplified rendition of material which in the original is highly technical and difficult. A final chapter discusses some implications of Piaget's findings for education.

The Playgroup Movement

Brenda Crowe, Schocken, 1973, $8.50. This British discussion of the way parent education can provide for young mothers is a little gem. The feelings of the parents are beautifully described, as well as their needs for supportive services in child rearing. Especially valuable for professionals in early child care field. It has a wealth of practical ideas about how to work with both children and parents.

The Psychological Birth of the Human Infant.

Margaret S. Mahler et al., Basic Books, 1975, $15.00. A technical survey of psychological growth in the first three years of life, written from a psychoanalytic point of view. The book reflects the author's continuing concern with the process of attachment and separation and highlights the range of variations in normal development. Detailed reports on extensive observations of children are useful for professionals from various disciplines who work with young children.

The Roots of Love: Helping Your Child Learn To Love in the First Three Years of Life

Helene S. Arnstein, Bobbs-Merrill, 1975, $8.95, pap., Bantam, $1.95. A profound, tender discourse on the ways that parents and other caregivers foster love in a human being, tracing the process from the earliest months through the toddler stage. The importance of fathers and the effects of separations are thoroughly dealt with. The tone of the book is sensitive and reassuring. Extensive bibliography. For parents and professionals.

Toddlers and Parents: A Declaration of Independence

T. Berry Brazelton, M.D. Delacorte, 1974, $12.95, pap., $5.95. The enormous range of possible life styles and everyday situations involving two-year olds and their adult caretakers is portrayed by Dr. Brazelton with delightful insight. The physical aspects of child care, the development of behavior and learning patterns and the emotions of both parents are sympathetically and realistically explored. The essence of the book is that healthy personality development requires structure, support and understanding geared to the individual child, and there are many possible ways to satisfy that requirement. For all parents.

Understanding Piaget: An Introduction to Children's Cognitive Development

Mary Ann S. Pulaski, Harper, 1971, $8.95. One of the easiest to read, yet authoritative, presentations of Piaget's work and its implications for parents and teachers, this book should appeal to the layman who finds the noted Swiss psychologist's writings hard to absorb in the original.

You and Your Baby: A Guide for Pregnancy, Birth, and the First Year

Frederick W. Rutherford, New Am. Lib., 1971, pap., 2.50. This simply written guide covers the care of baby and mother from conception through the child's first year. Family relationships, discipline and possible problem areas such as crying, schedules, and thumbsucking are discussed with the same mixture of "firm flexibility" and common sense that the author, a pediatrician, advises parents to cultivate. Bibliography, index and attractive illustrations.

Your Baby and Child from Birth to Age Five.

Penelope Leach, Knopf, 1978, $15.95, pap., $9.95. An excellent, comprehensive guide for parents that covers the basics of physical care as well as the role of emotional factors, including parental attitudes, in children's development. Beautifully illustrated. British in origin, but carefully edited for American readers.

Your Child's Sensory World

Lise Liepmann, Penguin, 1974, pap., $2.95. In the author's own words, this is a common-sense book for parents about sensory awareness in children, and how understanding each child's individual sensory patterns can be utilized to strengthen his capacity to learn and enjoy life. Includes games for each age bracket.

THE MIDDLE YEARS — SIX TO TWELVE

How To Live Through Junior High School

Eric W. Johnson, Lippincott, rev. 1975, $8.95. A first-rate, all-inclusive book for parents and teachers of the child in grades five through nine, with a special chapter directed to the younsters themselves on "How To Live With Parents and Teachers." Every area of the changing and maturing life of the child is defined and explored. School attitudes, study habits, learning problems, social mores, physiological changes, family relationships and other issues as they are viewed by a spectrum of youngsters are covered with wisdom and empathy.

Pre-Adolescents — What Makes Them Tick?

Fritz Redl, Jewish Board of Family and Children's

Services, rev. 1972, pap., $1.00. Pre-adolescence is a phase when nice children begin to behave in a most awful way — sometime between the ages of about nine and thirteen. Parents will recognize their children in this lively portrait, and find wisdom and sense in Dr. Redl's helpful do's and don'ts.

ADOLESCENCE

***Adolescent Coping.**

Alice E. Moriarity and Poyl W. Toussieng, ed., Grune and Stratton, 1976, $16.00. Excellent contribution to an understanding of adolescent behavior in terms of different styles of coping with a changing world and with the need for crystallizing oneself in a coherent way. For professionals.

Adolescent Disturbance and Breakdown.

Moses Laufer, Penguin, 1975, pap., $2.95. This short, clearly written book describes signs of mental disturbance, distinguishing between mental illness (psychosis) and adolescent breakdown. Could be of real help to the parent questioning the behavior of an adolescent. Keeps plenty of room for the normal swings of the adolescent years.

Exploring Careers Through Volunteerism.

Charlotte Lobb, Roser Press, 1975, pap., $4.98. Excellent guidance for teenagers wanting to learn more about fields that interest them before settling on a career. The help offered with locating volunteer jobs is specific, but not limiting. Recommended for school libraries, guidance counselors and parents, as well as adolescents themselves.

Young Girls: A Portrait of Adolescence.

Gisela Konopka, Prentice-Hall, 1976, $8.95, pap., $2.95. Vivid and stirring interviews with girls twelve to eighteen years old from many races and many parts of the country. They discuss realistically their goals, friendship, sex, drugs, politics, work and school. Though a third have had conflicts with the law, each is intent on her struggle to become a whole person. This book is written with compassion and insight.

YOUNG ADULTHOOD

Getting Along with Your Grown-Up Children

Helene S. Arnstein, Evans, 1970, $5.95. A simply written common-sense approach to an important and infrequently dealt with subject. The book is for middle-class parents and covers potential problem areas such as the prolonged financial dependency of many young people today, their disenchantment with traditional middle-class life styles and values, changing sexual mores, choice of mate, and the role of grandparents and in-laws.

The New Morality: A Profile of American Youth in the 70's

Daniel Yankelovich, McGraw-Hill, 1974, pap., $2.95. A thorough and lucid survey of youthful values that covers such factors as self-concept related to job attitudes and the need for self-expression. Much important information for all those who seek to understand modern youth.

THE MATURE YEARS

Prime Time: A Guide to the Pleasures and Potentialities of Mid-Life Today

Bernice Hunt and Morton Hunt, Stein and Day, 1975, $7.95. An optimistic yet realistic appraisal of the joys and pitfalls of middle age, defined here as 40-65. The authors draw upon their personal experiences — she as formerly widowed, he as formerly divorced — offering practical advice on a variety of problems and emphasizing the need to change one's perspective.

Shifting Gears: Finding Security in a Changing World

Nena & George O'Neill, Evans, 1974, $7.95, Avon, pap., $2.25. A discussion of maturity as an ongoing process, developing but never fully achieved, which enables people to cope with the crises in their lives, defined as times of danger and of opportunity, where there is no turning back. The latter part of the book gives detailed information on how to evaluate one's own situation and how to find the courage to reach for growth.

Transformations

Roger Gould, Simon and Schuster, 1978, $9.95. A serious, instructive book about development in adult life (prior to age forty-five). The author, a psychoanalyst, views growth as "release from arbitrary internal constraints," or unconscious assumptions acquired in childhood. He identifies some of these assumptions. It is his conviction that real growth is initially accompanied by discomfort and mourning. The book is based on research that Gail Sheehy drew on for her book **Passages.**

3 sex education

GENERAL GUIDES

***Family Life and Sex Education: Curriculum and Instruction**

Esther D. Schulz and Sally R. Williams, Harcourt, 1969, pap., $8.95. Guidelines for the content of family life and sex education programs in schools for grades one through twelve. Included are sections on planning sex education programs and preparing personnel for these programs. Teaching aids and techniques, as well as questions children ask at different grade levels, are also covered. Primarily directed to teachers, nurses and school administrators responsible for sex education programs, but may interest some parents.

Microbes and Morals: The Strange Story of Venereal Disease

Theodor Rosebury. Ballantine 1976. pap., $1.95. A comprehensive review of what is known about the venereal diseases, including historical material, by a bacteriologist who is a fine science writer. Dr. Rosebury stresses that the book is for lay readers, rather than specialists or scholars — especially young people who must face the problem of "what is to be done." An elegant, non-judgmental presentation of a pressing social problem.

Sex Education: The Parents' Role

Sol Gordon and Irving Dickman. Public Affairs Pamphlets, 1977. 50¢. A brief, simple, inexpensive guide that may not satisfy all parents on every score, but should help them get started on the right track. Suggestions for further reading are included.

What to Tell Your Child About Sex

Prepared by the Staff of The Child Study Association/Wel-Met. Aronson, rev. 1974, $7.50; Pocket Books, pap., $1.50. Completely revised and updated edition of this classic guide book. In question and answer form, beginning with questions parents most often ask themselves. Each stage of a child's growth — from infancy through adolescence — is covered in a separate section. A valuable reference which will help parents develop healthy attitudes in their children.

When Children Ask About Sex

Ada M. Daniels and Mary B. Hoover. Jewish Board of Family and Children's Services, rev. 1974, pap., $1.25. This thoroughly revised booklet covers what parents need to know in order to encourage the healthy sexual development of their children from infancy on. Birth control methods are described. Parental attitudes and concerns are discussed candidly, as well as what sex information to give at each stage of growth.

YOUNG CHILDREN

A Baby Starts to Grow

Paul Showers. T.Y. Crowell, 1969, $5.79; pap., $1.45. A scientifically accurate, appealingly told and illustrated story designed to explain conception, intrauterine development and birth to young children (approximately ages 6 to 8). Suitable for parents to read to a preschooler or share with the beginning reader.

Love and Sex and Growing Up

Corinne B. Johnson and Eric W. Johnson. Lippincott, 1977, $6.95. A straightforward, comprehensive and unusually well written guide for parents to use with children between the ages of about nine and thirteen, or for children to read on their own.

Their Universe: A Look into Children's Hearts and Minds

Arlene Uslander and others. Delacorte, 1973, $6.95; Dell, pap., $2.65. This book is the description of an on-going discussion group in an elementary school in Chicago, in which the participants were first-, second-, and third-graders. Originally planned as a "sex-education" program under the leadership of specially trained teachers, it evolved into an exploration of many of the children's personal concerns, and enabled them to clarify many of their fears and confusions and replace them with sound ideas. Should be of interest to teachers and parents interested in new approaches to human-relations education.

What Is a Girl? What Is a Boy?

Stephanie Waxman. Peace Press, 1976, $6.95. A very simple book about how boys and girls differ, pointing out that they can have the same names, enjoy the same activities and feel the same emotions. Illustrated with photographs. For parents to use with preschoolers and beginning readers.

The Wonderful Story of How You Were Born

Sidonie M. Gruenberg. Doubleday, rev. 1970 $4.95; pap., $1.49. In this new, modernized edition of a classic, pioneering book, an authority on child development talks directly to today's children, explaining tenderly and honestly the facts about conception, birth and growth. The first part will serve to answer a pre-schooler's general questions; the second half offers more detail to answer a somewhat older child's queries. Includes a valuable guide for parents. New illustrations by Symeon Shimin.

PREADOLESCENTS AND EARLY TEENS

Conception, Birth and Contraception: A Visual Presentation

Robert Demarest and John J. Sciarra. McGraw-Hill, rev. 1976, $12.00. Although there is no attempt to deal here with the emotional aspects of sex and reproduction, this book is an excellent pictorial, scientific presentation of the subject, for adults to use in answering the questions of young adolescents at home or at school. Matter-of-fact and interesting style, outstanding of its kind.

Facts About Sex For Today's Youth

Sol Gordon. John Day, rev. 1973, pap., $1.90. Excellent pamphlet, simply written for teenagers and children as young as ten. Includes discussion of values. Up-to-date except that the section on birth-control does not present some recent negative findings on the IUD.

Facts About VD for Today's Youth

Sol Gordon. John Day, 1973, pap., $1.90. Up-to-date, accurate information presented in simple, clear language. The author describes the venereal diseases, how to recognize the symptoms, how and where to get treatment, and how to prevent VD.

Love and Sex in Plain Language

Eric W. Johnson. Lippincott, rev. 1977, $6.95; Bantam, 1974, pap., $1.50. A simply written, comprehensive guide for young adolescents. Includes sections on homosexuality, venereal disease, contraception and abortion. Offers guiding concepts to aid young people in making responsible decisions. Excellent illustrations and a complete index.

Sex and Birth Control: A Guide for the Young

E. James Lieberman, M.D., and Ellen Peck. T.Y. Crowell, 1973, $9.95; Schocken, pap., $2.45. A

sound discussion of attitudes and decision-making is included here along with the facts. Although limitations of the I.U.D. are inadequately covered, the book is otherwise admirable — comprehensive, simple and forthright. Good index. For young adolescents up.

Sex: Telling It Straight

Eric W. Johnson. Lippincott, 1970, $4.45. A book for teen-agers that is simple enough for young adolescents and factually complete enough for older ones. It puts the decision of when and how to use one's sexual powers squarely up to the individual. Also included are a vocabulary of scientific terms and slang and material on unwanted babies, VD, homosexuality, child molesters, rape, incest and prostitution. Parents may find the book useful, too.

Sex and the Young Teenager

Eleanor Kay. Watts, 1973, $4.90. A comprehensive resource book in simple language, with many illustrations and charts, covering the facts about intercourse, reproduction, fetal growth, early child development and the physical and emotional aspects of puberty. Good for parents and teachers to use with preadolescents and as a reference for children this age to consult.

V.D.

Eric W. Johnson. Lippincott, 1973, $6.95. An easy-to-read book for young teenagers that gives the facts about venereal diseases, explains the pronunciation of scientific terms and is written in a tone likely to appeal to young people and encourage responsibility.

YOUNG ADULTHOOD

Love, Sex, and Being Human: A Book About the Human Condition for Young People

Paul Bohannan. Doubleday, 1969, pap., $1.95. This brief volume contains an excellent presentation of the physiological and emotional aspects of sexual growth and the moral and ethical dilemmas that face the sexually mature person. Thorough, frank and tasteful, it includes good information on glandular functioning and contraception.

Our Bodies, Ourselves

The Boston Women's Health Book Collective, Simon and Schuster, rev., 1976, $14.95, pap., $4.95. The strength of this book lies in its detailed, clear presentation of scientific information on the female reproductive system, birth control, pregnancy, nutrition, menopause and related health issues. The treatment of sexual feelings and sexual orientation is heavily weighted toward off-beat adjustments, which may diminish its usefulness as a guide for some women, especially the young.

Sex is for Real: Human Sexuality and Sexual Responsibility

Willard Dalrymple, M.D. McGraw-Hill, 1969, $8.50; pap., $5.50. This admirable book is aimed primarily at the thoughtful adolescent. It encompasses every aspect of human sexuality, from anatomical biology to sociological, psychological and philosophical issues involved in responsible decision making. Since it includes a discussion of marriage and of sex education for children it is profitable reading for parents.

The Student Guide to Sex on Campus

Student Committee on Human Sexuality, Yale University. See p. 7.

What You Still Don't Know About Male Sexuality.

Barry McCarthy, T.Y. Crowell, 1977, $8.95. Pulls together an enormous amount of information about various aspects of the male life cycle. Nonjudgmental. Despite the cheap chapter headings, the overall tone of the book is sensitive and loving, though always frank. For post-adolescent men and women, too.

ADULT SEXUALITY

An Analysis of Human Sexual Response

Ruth and Edward Brecher, eds. New Am. Lib., 1974, pap., $1.50. A husband-wife team of science writers skillfully interprets findings of the Masters-Johnson sex research. This book should resolve long-standing controversies about the nature of the female orgasm and the effects of sex during pregnancy. It also covers other important medical and emotional aspects of human sexuality. Its usefulness is enhanced by the inclusion of chapters by various well known professional persons on related studies (some anthropological), the history of sex research, and a critique of the puzzling problems of taste and values which such research poses.

Analysis of Sexual Inadequacy

Jhan and June Robbins, New Am. Lib., pap., $1.50. The well-known report by Masters and Johnson on their work with couples having sexual problems is summarized here in simple, nontechnical language, and the importance of their findings and treatment methods is brought into perspective through the inclusion in this book of a variety of articles from other sources. The additional material included varies in quality and pertinence — and taste — but is helpful on the whole, adding up to a highly useful paperback for the general public.

For Yourself: The Fulfillment of Female Sexuality

Lonnie Garfield Barbach, Doubleday, 1975, $7.95; pap., $3.95. A sensitively written, explicit description of techniques used by the author in a group therapy program at the University of California Medical Center designed to help women achieve orgasm. Of interest to men and women who want to extend their sexual awareness and to therapists and sex educators, as well as women with orgasmic difficulties.

Love in Later Years

James A. Peterson and Barbara Payne, See p. 8.

Sexuality and Aging

Robert L. Solnick, ed. See p. 8.

HOMOSEXUALITY

A Family Matter: A Parent's Guide to Homosexuality.

Charles Silverstein. McGraw Hill, 1978, pap., $3.95. A valuable guide to accepting one's child's homosexuality and to a lesser extent for homosexuals on how to inform parents. Extremely helpful to parents confronting this problem.

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Now That You Know: What Every Parent Should Know About Homosexuality.
Betty Fairchild and Nancy Hayward. Harcourt Brace, 1979, $8.95. A book in the popular vein for parents who learn that their children are homosexual. Stresses the need for families to accept their homosexual members, discusses bias against homosexuals in various areas and directs readers to support systems for homosexuals and their parents and other relatives.

Sexual Inversion: The Multiple Roots of Homosexuality
Judd Marmor, M.D., ed. Basic Books, 1965, $10.95. The seventeen original papers gathered here demonstrate the editor's contention that the cause of homosexuality cannot be sought in any single factor. This many-angled examination presents the views of the biological sciences, the social sciences and the clinician. Still a useful book, despite its age.

4 disabilities

GENERAL GUIDES

Coping With Prolonged Health Impairment in Your Child
Audrey T. McCollum. Little, 1975, $11.50. Good, detailed counseling for parents of a chronically ill child by a research associate in social work at Yale Medical School. She discusses the emotional tangles that threaten family relations and the child's optimum development, and offers advice on coping with daily life, including special medical treatments from infancy through adolescence. A compassionate, easy-to-read book of value for professionals who work with such families, as well as for parents.

Developmental Handicaps in Babies and Young Children: A Guide for Parents
Diana L. Brown. Thomas, 1972, $5.75. This is a general, non-technical guide to introduce parents to the symptoms of developmental handicaps in babies and young children, in order to provide those who may have such concerns with basic information about what to do, and where to go for help. National agencies providing specialized help are listed. Good bibliography. Also useful for professionals working with families.

A Handicapped Child in the Family: A Guide for Parents
Verda Heisler. Grune, 1972, $13.75. Written by a psychotherapist who is herself a physically handicapped person, this book emphasizes the importance of the psychological understanding by parents of their own responses to and feelings about their child's handicap. By utilizing the interactions of parents in a therapy group, the major areas of concern to such parents are underscored, and enable the writer to treat sensitively such matters as: how the parents' own childhood relationships are involved in their response to their handicapped child, the importance of facing negative feelings and guilt feelings toward these children, the effect of a handicapped child on siblings. Highly recommended for parents and for professionals who deal with them.

Handling the Young Cerebral Palsied Child at Home.
Nancy Finnie. Dutton, rev. 1975, $9.95, pap., Sunrise Books, $4.95. An excellent guide for parents, profusely illustrated, covering the specifics of how to handle a cerebral palsied child in daily living so as to maximize individual potential, whether the handicap is minimal or severe. The book is for parents who have already had their child's problem diagnosed and are working with a doctor and a therapist.

Help For The Handicapped Child
Florence Weiner. McGraw-Hill, 1973, $8.95. Each chapter of this very useful, practical book deals with a specific handicap, describes it, includes a vocabulary of the illness, and a list of publications that furnish more specific information. The names and addresses of private and governmental agencies that help parents and their handicapped children are listed, as are state-aid programs, insurance programs, educational and recreational facilities and community resources. This is an important book for parents and others seeking services for a handicapped child.

Independent Living for the Handicapped and the Elderly

Elizabeth E. May et al. Houghton, 1974. $12.95. An invaluable resource filled with practical suggestions for the physically handicapped or elderly homemaker and the parent with a physically handicapped child. Energy and time saving techniques, as well as child care and household planning, are explained in detail.

***Physical Illness and Handicap in Childhood.**

Ruth S. Eissler et al., ed., Yale University Press, 1977, pap., $5.95. A collection of articles from **The Psychoanalytic Study of the Child** dealing with the emotional implication for children, their families and those who work with them of a variety of difficulties, including tonsillectomy, amputation, life-threatening illness, congenital defects and epilepsy. For professionals.

Psychological Testing of Children

Stanley D. Klein. See p. 29.

The Special Child Handbook

Joan McNamara and Bernard McNamara, Hawthorn, 1978, $12.50. A warm, accepting, practical guide for parents on rearing a handicapped child. Written by a couple who have lived through this experience, the book should help parents come to terms with their feelings and make wise use of community resources for medical, psychological, educational and financial help. Includes extensive listing of such resources and good index.

The Ultimate Stranger: The Autistic Child

Carl H. Delacato, M.D. Doubleday, 1974, $6.95. An engrossing, important contribution toward understanding and treating autistic children. Although controversial in some respects and abrasive at times, the book is valuable for exempting mothers from causing autism, refusing to dismiss the condition as hopeless, and for its discussion of differential diagnosis and various sensory components of the problem. For parents and professionals.

Your Handicap: Don't Let It Handicap You

Rev. by Sarah Splaver. Messner, 1974, $7.29. The first half of this book is designed to help all handicapped teenagers develop positive yet realistic attitudes about themselves and their future. The second half deals in detail with specific handicaps and sources of special help. For handicapped teenagers and their parents.

BLIND CHILDREN

Can't Your Child See?

Eileen Scott et al., ed., University Park Press, 1978, $8.95. A practical, easy-to-read guide for parents of visually handicapped children and all who work with them. Up-beat, but realistic, warm and humorous, this excellent book radiates respect for children and their parents.

Elizabeth

Sharon Ulrich with Anna W.M. Wolf. U. of Michigan, 1972, $4.95. This fascinating first-person account of rearing a blind child is helpfully supplemented by an authoritative but simply written introduction and commentary by Selma Fraiberg and Edna Adelson, summarizing the development of blind children during the first five years and pointing out how their progress differs from and is similar to that of sighted children. An excellent book for parents and those who work with blind children.

***Insights from the Blind: Developmental Studies of Blind Children**

Selma Fraiberg, Basic Books, 1977, $11.95. A meticulous study of how lack of vision affects human development, which illuminates the contribution of vision itself to normal growth. The author's skill with words and her perceptive wit add to the book's value. For professionals interested in infant development, as well as those who work with blind children. Parents of young blind children may also find the material helpful.

MINIMAL BRAIN DYSFUNCTION

The Exceptional Child Grows Up

Ernest Siegel. Dutton, rev. 1978, $8.95, pap., $5.95. A realistic discussion of the problems with social relationships that adolescents with minimal brain dysfunction (MBD) have, and the impact within their families. A distinction is made between these youngsters and the retarded in this respect. The author empathizes with all members of the family and offers appropriate suggestions for encouraging the adolescent with MBD. For professionals and interested parents facing the challenge.

MBD: The Family Book About Minimal Brain Dysfunction

Richard A. Gardner, M.D., Aronson, 1973, $10.00. Written by a practicing child psychiatrist with extensive experience treating children with brain dysfunction, this simply and clearly written book is both for parents and children who are able to read. It spells out precisely what minimal brain dysfunction is, what may cause it to occur, what the symptomatology is, and how the parent can deal with it so as to maximize the child's potential, and live with him more comfortably. The section for children, cheerily and humorously illustrated, is non-threatening and positive in its approach. Also valuable for mental health professionals.

MENTALLY RETARDED CHILDREN

Brothers and Sisters of Retarded Children: An Exploratory Study

Frances K. Grossman, Syracuse U., 1972, $9.50. Although somewhat technical, with many statistics, this important book is unique in subject matter and should help parents of retarded children in dealing with the relationship between retardates and their normal siblings. Patterns of expected interaction and behavior are carefully examined.

Living with a Mentally Retarded Child: A Primer for Parents

Beatrice Buckler, Hawthorn, 1971, $7.95. This very simple primer for parents is quite good as far as it goes. Though limited on sex education, it is up-to-date on the causes of retardation and reassuring about the prognosis for minimally retarded individuals. Much of the book is made up of two ex-

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tremely useful appendices listing diagnostic centers and treatment facilities throughout the country.

Love, Sex and Birth Control for the Mentally Retarded: A Guide for Parents

Winifred Kempton et al., Planned Parenthood Association of Southeastern Pennsylvania (1402 Spruce St., Philadelphia, Pa. 19102) 1971, pap., 75¢. This brief guide covers the questions that parents of retarded children are most likely to be concerned about and explains what is involved in good sex education for the retarded. It is sound, humane and reassuring. Out of print but worth a search.

Mentally Retarded Children: What Parents and Others Should Know

Harriet E. Blodgett, U. of Minnesota, 1971, $6.95. A professional discusses for laymen what is known and not yet known about causes of retardation, degrees of damage, testing, and differences between retarded and normal children in emotional as well as mental equipment. The rearing of retarded children is discussed in detail, from the perspective of Erikson's theories of developmental stages. Good material on schooling and well-balanced attitudes toward the welfare of the whole family.

A Step By Step Learning Guide for Older Retarded Children

Vicki M. Johnson and Roberta A. Werner, Syracuse University Press, 1977, $14.95, pap., $9.95. Explicit and practical advice for parents. Emphasis is on using "found" materials available in the home as teaching tools. Not enough about the discouraging ups and downs of working with slow learners, but very useful as far as it goes.

EMOTIONAL DISTURBANCE

When Children Need Special Help with Emotional Problems

Greta Mayer and Mary Hoover, Jewish Board of Family and Children's Services, rev. 1974, pap., $1.25. This booklet will help parents recognize and get treatment for children's problems that are not just a normal part of growing up. It addresses itself to the perplexing questions: how does one tell when a problem requires professional help? What help is available? How and where does one find help?

See section on **Mental Health Education**, p.30.

SPEECH DIFFICULTIES

Stuttering: What It Is and What to Do About It

Stanley Ainsworth, Cliff's Notes, Inc. 1975, pap., $2.75. An excellent, compassionate book for parents, teachers and students, covering what is known about the possible causes and different approaches to treatment of stuttering. Good discussion on prevention in the early years when speech is developing. References and reading list. No index.

Stuttering: Theory and Treatment

Marcel E. Wingate, Halsted Press, 1976, $17.50. A careful overview of research on the subject for professionals and interested parents. The author describes his own approach to treatment, but handles controversial issues in an objective fashion.

BEHAVIORAL PROBLEMS

***Family Roots of School Learning and Behavior Disorders**

Robert Friedman, ed. See p. 27.

Raising a Hyperactive Child

Mark A. Stewart, M.D., and Sally W. Olds. Harper, 1973, $10.95. The authors, a child psychiatrist and a professional writer, carefully define the behaviors associated with hyperactivity, and examine its possible origins, viewing it essentially as a normal variant of temperament, rather than an illness or emotional disorder. From this perspective, they suggest concrete ways in which parents (and teachers) can deal most constructively with these difficult children. Useful for professionals working with families, as well as parents.

5 schools and learning

ISSUES AND GENERAL GUIDES

Between Parent and School

Murray Kappelman and Paul Ackerman, Dial, 1977, $8.95. A helpful guide for parents to understanding and using the range of special resources available to them and their child within the school system. Especially good on getting help for children with problems, such as learning disabilities, emotional difficulties, physical handicaps, etc. Though designed to encourage "parent power," it is fair to schools and teachers. Index and list of resources for parents outside the school.

Busing

Thomas J. Cottle, Beacon, 1976, $7.95, pap., $3.95. An interesting collection of interviews with people deeply involved in various ways in the school busing controversy. The firm but differing opinions conveyed here can serve as useful background material for understanding and discussing this problem. For parents and concerned citizens.

Dick and Jane as Victims: Sex Stereotyping in Children's Readers

Women on Words and Images, rev. 1975, pap.,

$2.50. An evaluation of sex-stereotyping in 134 elementary readers from 14 publishers. Covers subtler kinds of stereotyping of which many of us are unaware. An important contribution to the understanding of children's social development.

***Family Roots of School Learning and Behavior Disorders**

Robert Friedman, ed., C.C. Thomas, 1973, $14.75, pap., $9.50. An excellent compilation of articles on interaction within the family and its effect upon the behavior of children, with special emphasis on school behavior. The contributors clearly define both their theoretical premises and the limits of the effectiveness of various remedial approaches. The articles are sensible and realistic. Extensive bibliographies. For educators.

Growing Free: Ways to Help Children Overcome Sex-Role Stereotypes

Monroe D. Cohen and Lucy P. Martin, eds., Association of Childhood Education International, 1976, pap., $1.00. Important and specific suggestions for teachers on how to bolster children's good feelings about themselves and avoid habitual sex stereotyping. Resource list and bibliography.

How To Help Your Child Get The Most Out of School

Stella Chess, M.D. with Jane Whitbread. Doubleday, 1974, $7.95. A warm, highly readable description of principles involved in helping children fulfill their individual learning potential from the earliest year on, with sensible advice on parent-teacher and parent-school relations.

Inequality: A Reassessment of the Effect of Family and Schooling in America

Christopher Jencks et al. Basic, 1973, $15.00; Harper, pap., $3.95. In a well-written, controversial discussion of masses of technical data, Professor Jencks argues that many factors besides education affect achievement and earning power in adult life: intelligence, personality, family status, family income, and luck. His thesis is that schools can not be expected to ensure equal opportunity for all. While readers may quarrel with some conclusions reached, especially the radical social policy advocated, the book is an important reference for persons concerned about education and poverty.

Violence in Schools: Perspectives, Programs and Positions

James M. McPartland and Edward L. McDill, eds., Lexington Books, 1977, $15.00. A collection of articles dealing with the complexities of the problem, its causes and methods of coping. Covers research, various programs designed to prevent violence in schools or work with offenders and funding of such programs. The book cautions that potential solutions must be tailor-made to suit local situations.

THE EARLY YEARS

Child Learning Through Child Play: Learning Activities for Two- and Three-year-olds

Ira J. Gordon et al. See p. 13.

Early To Learn

Joy M. Crandall, Dodd, 1974, $5.95. Few words and many pictures capture the unique quality of the preschooler and early learning. Some information is given on making nursery school equipment, but the book is most useful as an introduction for parents to the nursery school experience.

How to Start Your Own Preschool Playgroup

Harriet Watts, Universe Books, 1973, $5.00; pap., $2.95. While this book is limited in its scope, relating only to a home-based half-day program for five or six preschool aged children, supervised by a different mother one morning a week, it describes an imaginative and flexible approach to pre-school education. Advice on organizing the plan is sound, the suggested activities excellent. Should be helpful to non-working mothers who want their children to get a group experience (without cost) before school.

New Parents' Guide to Early Learning

Sara Bonnett Stein, New American Library, 1976, pap., $3.95. Straightforward advice on how to guide, rather than push, a preschool child. Sympathetic to parents and never condescending. Good ideas for activities that can be worked easily into daily life. Excellent chapters on the child and his world, choosing a nursery school and mothering.

The Nursery School: Human Relationships and Learning

Katherine H. Read, Saunders, rev. 1976, $10.75. This excellent textbook for nursery school teachers in-training offers a warm and illuminating description of the early childhood years, along with an analysis of a good nursery school program and the teacher's role and skills. This sixth edition covers day care. Parents will find it helpful in understanding and evaluating nursery schools.

Teach Your Child to Talk: A Parent Guide

David R. Pushaw, Dantree Press, 1977, $9.95, pap., $5.95. New parents will find this basic book on talking skills excellent. It emphasizes the responsibility both parents share for communicating with their infants. Natural opportunities in daily life are pointed out and games are suggested to enhance a child's fun and total development. Early difficulties and help for specific problems are discussed.

Teaching the Child Under Six

James L. Hymes, Jr. Merrill, rev. 1974, pap., $5.95. What parents should expect and look for in early childhood education is clearly outlined here. Guidelines on classroom structure, activities, teaching philosophies and teacher-parent relationships are concretely described so that parents can judge for themselves if the preschool experience is one that individualizes and respects the needs of each child within the group.

The Teaching of Young Children: Some Applications of Piaget's Learning Theory

Molly Brearley, ed., Schocken Books, 1978, pap., $5.50. A first-rate sensitive discussion of all aspects of children's learning that examines the acquisition of intellectual, emotional and social skills within a developmental framework. Addressed to teachers, but could also enrich parents' understanding of their children's more formal educational experiences at school.

Young Children Thinking

Alice Yardley, Scholastic, 1973, $3.25. The stated aim of this little book is to provide simple, practical suggestions for enriching the learning of young children. It should prove useful for parents and early childhood teachers.

Your Baby's Mind and How It Grows: Piaget's Theory for Parents

Mary A. Pulaski, Harper and Row, 1978, $8.95. Using Piaget's findings that intellectual growth proceeds through predictable developmental sequences, Pulaski teaches today's parents that their children must proceed through these sequences and suggests ways to encourage children's growth through games and responses appropriate to the child's present level of understanding.

DAY CARE

The Challenge of Daycare

Sally Provence et al., Yale University Press, 1977, $15.00. A report on a pilot daycare project in New Haven's central city area, with advice for developing and evaluating outstanding programs for children from very poor families and for encouraging parent involvement.

Day Care: How to Plan, Develop, and Operate a Day Care Center

E. Belle Evans et al., Beacon, 1973, pap., $4.95. Drawing upon their own experience with setting up and running a community day care center, the authors offer all kinds of information needed to do this — from choosing a site and equipping it to preparing a budget, securing funding and training staff. The book is easy to read, non-prescriptive in its attitude toward "good teaching," "good supervision," etc., and generally excellent, as well as comprehensive. For anybody interested in starting a day care program or evaluating the quality of such programs prior to entering a child in one.

Day Care: Serving Infants

Dorothy S. Huntington et al., eds., U.S. Government Printing Office, 1971, pap., 75 . This brief easy-to-read booklet does an excellent job of covering the developmental needs of children during each of the first three years of life and how good day care can meet these needs and those of the child's primary caretaker. The booklet should be useful not only to daycare workers but also to parents as a means of evaluating the quality of such programs.

Infancy: Its Place in Human Development

Jerome Kagan et al. See p. 18.

The New Extended Family: Day Care Programs That Work

Ellen Galinsky and William Hooks, Houghton Mifflin, 1977, $11.95, pap., $6.95. The new extended family described here is group or family day care that is controlled by parents, and includes a dedicated, skilled leader and a program that reflects the needs and values of the community it serves. This book is for any parent or professional interested in creating a successful child/parent center.

Who Cares for The Baby: Choices in Child Care

Beatrice M. Glickman and Nesha B. Springer, Schocken, 1978, $9.95. The authors disapprove of all-day group care for children under three, but their book contains excellent descriptions of various examples of good group day-care programs in this country, plus an overview of group care in Russia, China and Israel. There is also a discussion of innovative programs in the United States that increase the skills of "at home" mothers. A useful book, despite its bias.

THE DISADVANTAGED CHILD

***The Development of Meaning: A Study of Children's Use of Language**

Joan Tough, Halsted Press, 1977, $14.50. This report of a British research project offers material on the language development of disadvantaged young children and examines strategies that nursery school teachers can use to help such children improve their grasp of this tool, so that they will not be educationally handicapped later on. For professionals.

No Longer Deprived: Using Minority Cultures and Languages in the Education of Disadvantaged Children and Their Teachers

Ruth Fedder and Jacqueline Gabaldon, Teachers College, 1969, pap., $5.25. This book about teaching children whose cultural background differs from the dominant American one is really for educators but any concerned citizen might find it instructive and interesting. The need for teachers to understand and appreciate such children's "home" culture, as a means to helping the child have a good self-image, is illustrated through two long case histories of a Navajo girl and a Mexican-American boy. The basic principles described would apply to working with children from any "different" background.

Wages of Neglect

Robert Coles and Maria Piers, Times Books: 1969, $5.95. A splendid round-up of knowledge about the development of the deprived pre-school child — what factors cause emotional and intellectual crippling and what can be done about it. The authors pull together the findings of authorities such as Spitz, Anna Freud, Bowlby, Erikson and Pavenstedt and examine projects in this country and Britain designed to offset the effects of deprivation. Important reading for professionals and the interested layman.

SPECIAL LEARNING PROBLEMS

Helping Children with Learning Disabilities

Ruth D. Rowan, Abingdon, 1977, $5.95. A primer for parents covering some of the commoner signs of learning problems, how to get professional help with them and how to help the child at home and in school, with special emphasis on nurturing self-esteem. Useful for teachers seeking simple hints. One chapter considers the role of the church.

Home Is a Learning Place: A Parent's Guide to Learning Disabilities

Helen G. Weiss and Martin S. Weiss, Little, Brown, 1976, pap., $5.95. A valuable book about the com-

plexities of learning disabilities, describing ways to facilitate the child's maximum functioning. Rewarding, comforting and helpful for parents.

***Reading Disability**

Florence Roswell and Gladys Natchez, Basic Books, rev. 1977, $13.50. This is an excellent reference book for teachers. The first chapter, of interest to anyone, is a philosophical approach to children's reading disabilities. The rest of the book is a practical aid to teaching such children. Teaching devices, materials, word lists, graded book lists and work books for all ages and levels are covered.

Speaking of Children: Their Learning Abilities and Disabilities

Careth Ellingson, Harper, 1975, $10.00. An exceptionally thorough, informative account of children with learning disabilities and how parents and schools can help. It includes a careful analysis of chemotherapy, covering differences of opinion in this area, and checklists as an aid to deciding whether a child needs professional evaluation. Useful for persons in the helping professions, as well as parents.

Square Pegs, Round Holes: The Learning-Disabled Child in The Classroom and at Home

Harold B. Levy, M.D. Little, 1973, $7.50, pap., $2.95. Written by a pediatrician, this book provides a better understanding of the complex problems posed by intelligent children who have difficulty in learning because of biochemical imbalances that affect the brain, and tells what can be done by parents, teachers, and physicians. An encouraging book.

The Waysiders: Reading and the Dyslexic Child

R.M. Crosby and Robert A. Liston, John Day, rev. 1976, $10.95. A pediatric neurologist discusses dyslexia as a neurologically caused handicap with psychological repercussions and identifies its symptoms. Reading development in normal children and ways to teach the dyslexic child are described. The stress on genetic origin of dyslexia is debatable, but the book is valuable for parents as well as teachers of children with learning difficulties.

EXPERIMENTS IN EDUCATION

The Learning Child

Dorothy H. Cohen, Pantheon, 1972, $8.95; Random, pap., $2.95. Dr. Cohen, of the Bank Street College of Education, makes a sane, eloquent plea for allowing children to learn at their own pace through experiences that permit them to explore, create and discover. She deals with learning from the preschool years through age eleven, discussing curriculum, the dangers of pressuring a child to read before he is ready, and the drawbacks of "overprogramming" during and after school. It is the situation of today's middle-class children which concerns the author here, and her book is for both parents and teachers.

The Myth of Measurability

Paul L. Houts, ed., Hart, 1977, $10.00, pap., $5.95. A somewhat uneven collection of articles that presents the case for abolishing group I.Q. tests and standardized achievement testing. Though frankly biased against such testing, the book is a useful examination of one side of the story.

Parents' Guide To Understanding Tests

Margaret Corey, Educational Records Bureau, 3 E. 80th St. New York, N.Y. 10021, 1975, pap., $2.00. This pamphlet explains what the standardized tests test and clarifies their advantages and limitations. It also covers the role parents play in shaping the test-taking attitudes of their children and how such information can appropriately be used to foster the normal child's maximum development.

Psychological Testing of Children

Stanley D. Klein, Ph.D. Psy-Ed Corporation, 262 Beacon St. Boston, Mass. 02116, 1975, pap., $2.95. This collection of articles from the Exceptional Parent Magazine describes the contents and use or misuse of psychological tests — intelligence, personality, achievement, aptitude and special tests for "brain injury." It will help parents be "intelligent consumers" when seeking a true evaluation of their child, whether disabled or not.

Radical School Reform

Ronald and Beatrice Gross, eds. Simon & Schuster, 1971, pap., $3.95. The editors have gathered together excerpts from the writings of a number of gifted educators, reformers and observers of the social scene and organized this material into a compelling, comprehensive, sometimes temperature-raising statement. The book is divided into three sections: "Some Realities" — first person accounts of life in our schools today; "Theory"; "Practice" — some promising experiments. It makes easy, lively reading for anybody concerned about our schools.

The School Book

Neil Postman and Charles Weingartner, Delacorte, 1973, $7.95; Dell, 1975, pap., $3.45. An interesting, informative discussion of the education scene over the last 15 years — covering conflicts, new directions, new and old leaders and new kinds of schools. For parents and educators.

Stopping Out: A Guide to Leaving College and Getting Back In

Judi R. Kesselman, M. Evans, 1976, $8.95, pap. $3.95. Assumes education is a life-long process and taking time out from formal schooling can be a positive experience. Practical information on work programs, advanced placement, where and how to get grants and how to maintain college credits. For young people and their parents.

Teacher and Child: A Book for Parents and Teachers

Haim G. Ginott, Macmillan, 1972, $6.95. Haim Ginott continued to develop his constructive approach to dealing with children, elaborating on the technique of addressing oneself to the situation and the child's feelings in ways that convey respect for the child as a person. Though his examples occasionally seem a bit forced or oversimplified, the message he is trying to convey is sound and much needed. The book covers more than the child and his teacher, encompassing the relationship between school and family within the school and within the

home. Parents as well as teachers should find it valuable.

Understanding Children: Behavior, Motives and Thought
Jerome Kagan, Harcourt, 1971, pap., $6.50. Though this book is written primarily for teachers, parents or anyone interested in education should find it valuable and enjoyable. It is especially good on how a child's self-concept affects his ability to learn and on ways of maximizing children's motivation to think and solve problems.

mental health education

UNDERSTANDING AND SECURING HELP

Active Psychotherapy
Harold Greenwald, ed., Aronson, rev. 1974, $15.00. Dr. Greenwald has compiled a collection of papers that illuminate a broad spectrum of treatment methods, ranging from modifications of classic psychoanalysis (Freud) to the newer developments in behavioral therapy (Wolpe). By "active" psychotherapy the editor means the use by the therapist of "consciously devised interventions for a specific preconceived goal," such as decreased anxiety or the modification of overt behavior. Because the volume is so all-inclusive, it should be useful to many professional persons and the interested layman as a guide to current theoretical formulations and treatment techniques.

The Art of Helping People Effectively
Stanley C. Mahoney, Association, 1967, $4.95. This book contains many basic guidelines for understanding human behavior and in simple terms suggests ways of helping others. It should provide a useful tool for anybody working with others, as a volunteer or in a paid job, and for the layman interested in the dynamics of interpersonal relationships.

Behavior Mod and the Managed Society
Robert L. Geiser, Beacon, 1977, pap., $4.95. A thoughtful critique of current experiments and research involving "behavior modification" and a lengthy appraisal of B.F. Skinner's lifework. The author describes both the successes and failures of various techniques and concludes that although behavior modification is a valid approach to changing or correcting human behavior, it has many limitations that need to be understood to avoid frustration, waste, and danger.

The Book of Hope: How Women Can Overcome Depression
Helen A. DeRosis and Victoria Y. Pellegrino, Macmillan, 1976, $9.95, pap., Bantam, $2.25. A very simple but sound book explaining what mild depression is like, how it is treated and what self-help measures and family attitudes are helpful. General principles are well illustrated through a number of "case histories."

Caring
Willard Gaylin. See p. 15

Carl Rogers on Encounter Groups
Carl R. Rogers, Harper & Row, 1973, pap., $2.25. The general reader, as well as individuals in the helping professions, will enjoy this candid and inspirational book about the history, process, value and problems of encounter groups, by a pioneer in the movement and leading exponent of encounter techniques.

The Crime Victim's Book
Morton Bard and Dawn Sangrey, Basic Books, 1979, $10.00. This book is written for victims of crime, their families and friends. It analyzes the different stages of reaction to personal violation and suggests various types of psychological help that a victim may need.

Crisis: Psychological First Aid for Recovery and Growth
Ann S. Kliman, Holt, Rinehart and Winston, 1978, $8.95. An excellent overview of crisis intervention that covers the techniques the therapist author uses

to facilitate mourning and mending. The book indicates how all of us are victims, in varying degrees, of the vicissitudes of life. Our common vulnerability is presented as a badge of humanity.

Depression: What Is It? How Do We Cope?

Jack Dominian, Watts, 1976, pap., $2.95. An English psychiatrist's description of the origin and types of depression. Suicide, vulnerable stages in the life cycle and implications for child rearing are discussed at length. Demographic studies are cited and several first-person accounts are included. For professionals and laymen with some psychological background.

Erik H. Erikson: The Growth of His Work

Robert Coles, Little, 1970, $10.00 Dr. Cole's biography of one of the towering figures in contemporary psychology traces the personal, philosophical and intellectual development of Erikson through his work and life history. A profound, in-depth work that is also fascinating reading for the interested layman.

***Family Therapy: Theory and Practice**

Philip J. Guerin, Jr., ed., Halsted Press, 1976, $24.50. A useful collection of papers for professionals, covering the history of family therapy, theory, clinical issues and treatment techniques. Examines the integration of psychoanalytical concepts and "systems theory."

***Families and Family Therapy**

Salvador Minuchin, Harvard University Press, 1974, $10.00. Although written for professionals, this book makes fascinating reading for the layman interested in understanding family therapy. The author explains in detail the psychological theories behind his approach and includes lengthy case studies illustrating how these theories are applied in practice.

From Sad to Glad

Nathan S. Kline, M.D. Putnam, 1974, $7.95; Ballantine, pap., $1.75. Dr. Kline's view that chemical imbalance is the precipitating factor in all depression is controversial, as he himself recognizes; but his thorough, simple explanation of this thesis should interest both professionals and many parents. The symptoms of depression and the various psychotropic drugs used to treat it are clearly and simply described.

How Psychiatry Helps

Phillip Polatin, M.D., and Ellen C. Philtine, Macmillan, rev. 1965, pap., $1.50. This well-organized though somewhat dated guide to the various kinds of psychiatric treatment does not attempt to explain mental and emotional disturbance in depth, but gives the lay reader a good general understanding of typical illnesses. There are helpful chapters on alcoholism, drug addiction, and on normal childhood development, as well as lists of federal, state and local mental health agencies.

I'm OK You're OK: A Practical Guide to Transactional Analysis

Thomas Harris, M.D. Harper, 1969, $7.95; Avon, pap., $2.25. A detailed and practical approach to analyzing one's problems and dealing with them, from the schematic formula known as "transactional analysis." May be helpful to those seeking a structured approach to problem-solving.

Outgrowing Self-Deception

Gardner Murphy and Morton Leeds, Basic Books, 1975, $11.50. An exploration of the ways in which we all seek to cope with the "too-muchness of reality" by limiting our own awareness through self-deception. Methods of sharpening perception and encouraging individual differences are discussed. Written simply but profoundly, for professionals and interested parents.

Own Your Own Life

Richard G. Abell, McKay, 1976, $9.95. Helpful to readers who may underestimate their own capacities for growth and change. The author, a psychoanalyst, suggests how new therapeutic techniques can be integrated with traditional psychoanalysis, emphasizing the need for awareness of "now" feelings rather than just understanding the past.

***Paraprofessional Work with Troubled Children**

James E. Gardner, Halsted Press, 1975, $12.95. Sensitively written by a clinical psychologist, a practitioner of behavior modification, about the development of programs and the training of paraprofessionals at a Children's Center for Educational Therapy. The author's love and respect for children shines through this book. For professionals, but anybody could enjoy it.

The Politics of the Family and Other Essays

R.D. Laing, Pantheon, 1971, $6.95; Random, pap., $1.95. An innovative psychoanalyst and gifted writer offers some original concepts about how family members perceive each other and themselves and how neurotic interaction may be passed down from one generation to the next. Though the book is for the general public, and always lucid, the ideas are often far from simple.

***Psychotherapy vs. Behavior Therapy**

R. Bruce Sloane et al., Harvard University Press, 1975, $10.50. A carefully planned, objective evaluation and comparison of the results of psychotherapy and behavior therapy, carried out by trained, experienced therapists. Both types of therapy proved significantly effective within four months, with the patient-therapist relationship being a critical factor. For professionals.

Sensitivity Training and Encounter Groups

Elizabeth Ogg, Public Affairs Pamphlets, 1972, pap., 50¢. An excellent discussion of the history, uses and potential, and limitations and risks of these new approaches to fostering attitudinal change and self-understanding.

You Are Not Alone: Understanding and Dealing with Mental Illness

Clara C. Park and Leon N. Shapiro, Little, Brown, 1976, $15.00, pap., New American Library, $1.50. An unusually sound, well-researched and comprehensive reference book. Especially useful for professionals whose primary concern is not therapy, but valuable for the general public, too. Selected, annotated bibliography and extensive footnotes.

7 social problems and the family

DRUGS

Alateen—Hope for Children of Alcoholics

Al-Anon Family Group Headquarters, Al-Anon, rev. 1977, $3.75. A clearly written exposition for teenagers of what alcoholism is, how it affects the whole family and what the Alateen program involves. For young people interested in learning about this program.

Alcohol: The Crutch that Cripples

Brent Q. Hafen, West Publishing, 1977, pap., $5.95. An objective, comprehensive handbook covering the prevention and treatment of alcoholism: addressed to young people but useful for any concerned person. Index and good bibliography.

***Children and Drugs**

Esther D. Hemsing, ed., Association for Childhood Education International, 1972, pap., $1.25. Worthwhile compilation of articles with annotated bibliography about drugs elementary school children are likely to use. Abuse is related to peer pressure and boredom, and drug education is seen in terms of values education and decision-making. Extensive discussion of pros and cons of drugs in the treatment of hyperkinetic children. For professionals and concerned citizens.

Drugs Demystified: Drug Education

Helen Nowlis, Unesco Press, pap., $2.00. About what parents, schools and communities can do to help young people find a sense of joy and purpose in life that will serve as viable alternatives to the self-destructive use of drugs. Excellent, well-written, although in pamphlet form.

Drugs and You

Arnold Madison, Messner, 1971, $6.29, Archway, pap., 75¢. A clear, easy-to-read book for youngsters aged nine or ten and a little older. It avoids "scare" tactics, is not judgmental or condescending and is complete and accurate on the whole, except that the use of the word "cure" in connection with treatment centers for heroin addicts is somewhat misleading.

Marihuana Reconsidered

Lester Grinspoon, M.D. Harvard U., rev. 1977, $17.50, pap., $5.95. Dr. Grinspoon has pulled together in very lively fashion all that is currently known about cannabis — the extent of and reasons for its use today and in the past, its effects on users, and its history in this country and elsewhere. While the book is not an attempt to prove the drug completely harmless, it does point up the need for dispassionate thinking about this subject. A comprehensive, accurate, objective account for professional and nonprofessional readers, young people and their parents.

The New Alcoholics: Teenagers

Jules Saltman, Public Affairs Pamphlet, 1973, pap., 50¢. A good outline of a growing social problem — heavy drinking by children 12 and up. Gives statistics, and examines the causes, cure, and prevention, including guidelines for parents to follow at home and sources of outside help.

You and Your Alcoholic Parent

Edith Hornik, Association Press, 1974, pap., $2.95. A simply-written book for teenagers that covers the problem with compassion and understanding. It offers much concrete advice that should help a young person feel less isolated and more able to cope with this situation.

You, Your Child and Drugs

Staff of Child Study Association of America, Jewish Board of Family and Children's Services, 1971, pap., $1.50. This brief book goes beyond the usual presentation of facts about drugs, putting the issue in a fresh perspective — one designed to help parents explore their own attitudes, improve communication with their children as an aid to preventing drug abuse, and view the drug problem within the larger context of socity today. It offers insights helpful in areas other than drugs.

POVERTY

All Our Children

Kenneth Keniston and The Carnegie Council on

Children. Harcourt Brace, 1978, pap., $3.95. An important book from The Carnegie Corporation Council on Children which attempts to assess the needs of children and their parents and formulate new national policies with the goal of improving the status of children in American society. Parts of the book constitute a political plea for major changes in our economic way of life, especially the distribution of jobs and money, in order to improve the situation of the poor and near poor in our country. Moving and provocative reading for concerned citizens.

All Our Kin: Strategies for Survival in a Black Community

Carol B. Stack, Harper and Row, 1975, pap., $2.95. A study by an anthropologist, who concludes that poor urban blacks are socialized to accept many of the values of the mainstream society, but at the same time have their own distinctive culture, with highly organized kin networks and cooperative strategies that enable them to endure the hardships of poverty. The author rejects the idea that poor black families are "disorganized," insisting that they are just organized differently. Controversial, but interesting reading for professionals and concerned citizens.

Children of Crisis: A Study of Courage and Fear

Robert Coles, M.D. Little, Brown, 1967, $10.00; pap., $6.95. How does a child's mind react to the realities of racial differences? What makes for survival under the stress of bigotry and discrimination? What are the roots of courage and of fear? To these questions a child psychiatrist brings revealing insights in an eight-year study of the impact of the civil rights struggle on the varied lives of Southern whites and blacks, children and adults.

RACIAL AND ETHNIC TENSIONS

The Great Fear: Race in the Mind of America

Gary B. Nash and Richard Weiss, eds., Holt, 1970, $5.95. A fine collection of papers covering the history of white attitudes toward blacks, Indians, Orientals and "others," this book is scholarly and carefully reasoned, yet eminently readable. It offers useful historical insights into present conditions and how we got where we are today.

The Middle Americans

Robert Coles, photos by Jon Erikson, Little, Brown 1971, $12.50; pap., $3.95. Part social commentary, part photographs of American working-class people, this book presents the so-called "middle American" and his personal views on life in his own words, as well as the author's reflections on them.

Why Can't They Be Like Us? America's White Ethnic Groups

Andrew M. Greeley, Dutton, 1975, pap., $3.45. A very enlightening survey of the characteristics of and strains between the many ethnic groups which have come as immigrants to this country and are often assumed to have become largely acculturated. The writing is never dull, brightened by humor, and the author's approach is well balanced, except when discussing intellectuals as an ethnic group. Well documented, with an extensive appendix.

CHILD ABUSE

***The Battered Child**

Ray E. Helfer, and C. Henry Kempe, eds., University of Chicago Press, rev. 1974, $15.00, pap., $6.95. This excellent collection of papers contains some highly technical material on identifying and treating abused children and on the legal problems involved in protecting such children. The book is distinguished by its emphasis on understanding and helping abusive parents and includes a detailed description of a pioneering venture in working with battering parents.

***Child Abuse and Neglect: The Family and the Community**

Ray E. Helfer and C. Henry Kempe, Ballinger, 1976, $20.00, pap., $7.95. An important resource for professionals, covering reports of research, discussions of theory, relevant legal information and approaches to identifying high-risk mother-infant pairs and preventing problems. Though the chapters have different authors, the book hangs together overall and is of high quality throughout. Of interest to concerned citizens, but all readers should guard against mistaking the material here for final answers or "formulas."

***Child Abuse: Intervention and Treatment**

Nancy B. Ebeling and Deborah A. Hill, eds., Publishing Sciences Group, Acton, Mass., 1975, $15.00. A compilation of papers, some unusually illuminating, culled from two symposia on child abuse. Covers ways professionals can identify cases of abuse, how they can recognize and deal with their emotional reactions to it, treatment approaches and community resources. For professionals.

The Children's Rights Movement: Overcoming The Oppression of Young People

Beatrice Gross and Ronald Gross, Doubleday, 1977, $9.95, pap., Anchor Press, $3.95. Selected articles exploring the need to reevaluate our family, school and legal systems not only to ensure the rights of children to real protection from abuse, but, even more importantly, to provide for their freedom to grow. An authoritative, readable collection with a good bibliography and resource list for action.

***Sexual Assault of Children and Adolescents**

Ann Wolbert Burgess et al., D.C. Heath, 1978, $20.00. Directed to professionals to help them with treating the child victims of sexual assault. Many different types of case histories are presented and analyzed and there is a thorough discussion of therapeutic techniques that have been successful.

Weeping in The Playtime of Others: The Plight of Incarcerated Children

Kenneth Wooden, McGraw-Hill, 1976, $8.95. A documented, curdling report of the children incarcerated as wards of the state across the nation. Last chapters report some good examples but the general impact is chilling. Melodramatic, but the subject is important.

SUICIDE

Too Young to Die: Youth and Suicide

Francine Klagsburn, Houghton Mifflin, 1976,

$6.95, pap., Pocket Books, $1.75. An outstanding discession for young people and their parents of causes, effects on survivors, and possible prevention of youthful suicide. Cases well presented. Lists Suicide Prevention Centers and both lay and professional books.

OTHER ISSUES

Against Our Will: Men, Women and Rape

Susan Brownmiller. Simon & Schuster, 1975. $10.95; Bantam, pap., $2.75. A definitive study of rape — the psychological, historical and sociological aspects from prehistoric times to the present. A provocative book with some controversial implications which is at once a comprehensive work of research and a personal, subjective account of the feminist author's feeling. For the layman and professional.

The Sexually Oppressed.

Harvey L. Gochros and Jean S. Gochros, eds., Association Press, 1977. $14.95. A collection of articles examining groups in our society who are denied freedom of sexual expression for various reasons. Covers the retarded, the aged, the chronically ill, prisoners, homosexuals, victims of molesters, adolescents, the poor, people in mental institutions and others. A controversial and sometimes disturbing book, but important because it forces the reader to face up to questions usually evaded. For professionals and the interested citizen.

***Sisters in Crime: The Rise of The New Female Criminal**

Freda Adler, McGraw-Hill, 1976, $9.95., $3.95. The author views the changing pattern of female crime as a response to a growing sense of freedom "to do one's own thing" that is being experienced by all women, everywhere. A well-documented, scholarly examination of current trends in female criminality. For professionals.

Where Do You Draw the Line?

Victor B. Cline, ed. See p. 13.

Women: The New Criminals

Richard Deming, Thomas Nelson, 1977, $6.95. An englightening book about the changing nature of female crime that considers the sociological realities underlying the statistics. Covers juvenile as well as adult criminality and differential treatment of males and females in the judicial system. Solid in content despite the sometimes excessively "popular" style.

author and title index

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